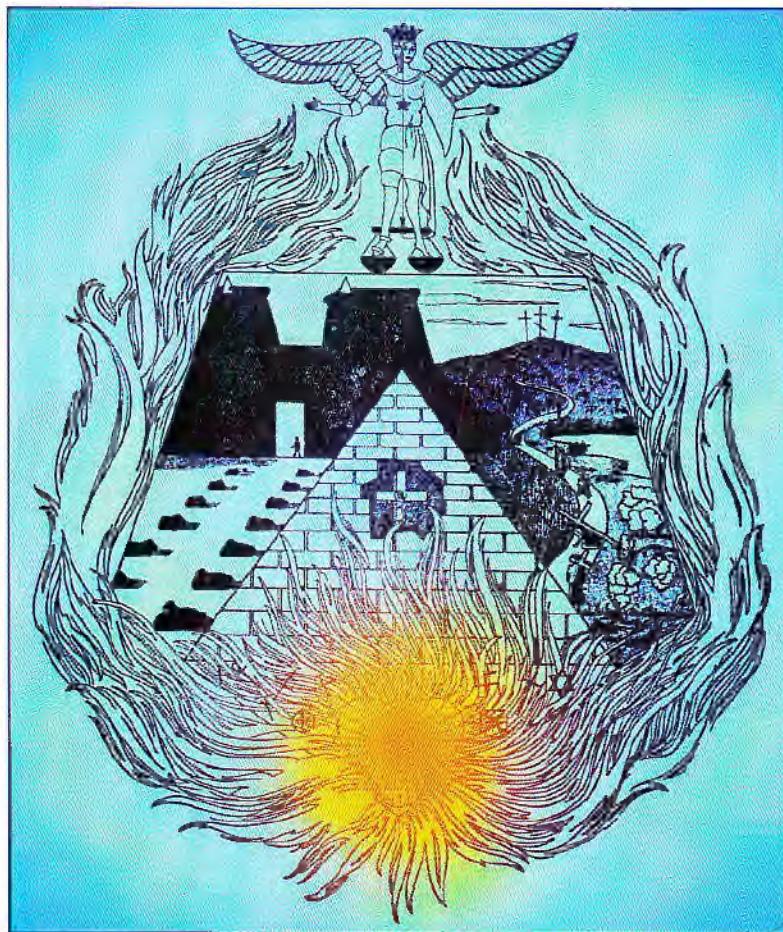


# Empyreal Sea

## How High Do You Climb?

### Live 1400 Years



Hilton Hotema

The  
**EMPYREAL SEA**  
Live 1400 Years

By  
Hilton Hotema

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STATEMENTS presented in this volume are based on scientific findings, the Bible, ancient writings as they have been interpreted, and known facts of Creation.

This work is not intended to direct the reader what to do, nor to condemn him for what he does. He is responsible for his own conduct and will reap as he sows. He is urged to use his own judgment in all instances, and in matters relative to his health, he should consult an expert Hygienist who has studied the laws of Creation and should understand the essential requirements of the living organism.

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Hilton Hotema  
In his 87th year.  
Honolulu, 1964

## THE PROPER STUDY OF MANKIND IS BOOKS

—ALDOUS HUXLEY

This reprint of the original manuscript of Professor Hilton Hoteema search to reproduce the writings of our authors in their original has not been altered in any way. It is the purpose of Health Rec form.

## THE HUMAN TEMPLE

Man is "fearfully and wonderfully made" (Psalm 139:14).

The Human Body contains 206 bones and about 600 muscles. The amount of blood in an adult averages 30 pounds, or fully one-fifth of the entire weight.

The heart is about six inches in length and about four inches in diameter. It beats about 70 times per minute, 4,200 times per hour, 36,792,000 times a year, and at each beat 2-1/2 ounces of blood are sent to the lungs for renovation and purification --- 175 ounces per minute, equal to 656 pounds per hour and 7 tons per day. All the blood in the body passes thru the heart in three minutes.

Man breathes on an average 1200 times per hour, inhaling in that time about 100 gallons of air, or 2400 gallons per day. The aggregate surface of the air cells of the lungs exceed 20,000 square inches, an area nearly equal to the floor of a room 12 feet square.

LIVE 1400 YEARS

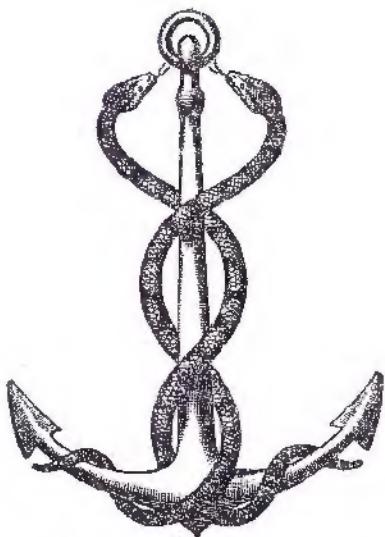
By

Prof. Hilton Hotema

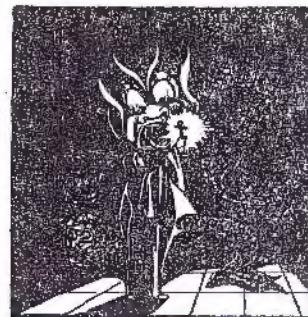
1964

Published By

HEALTH RESEARCH



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Secret  
of  
Regeneration

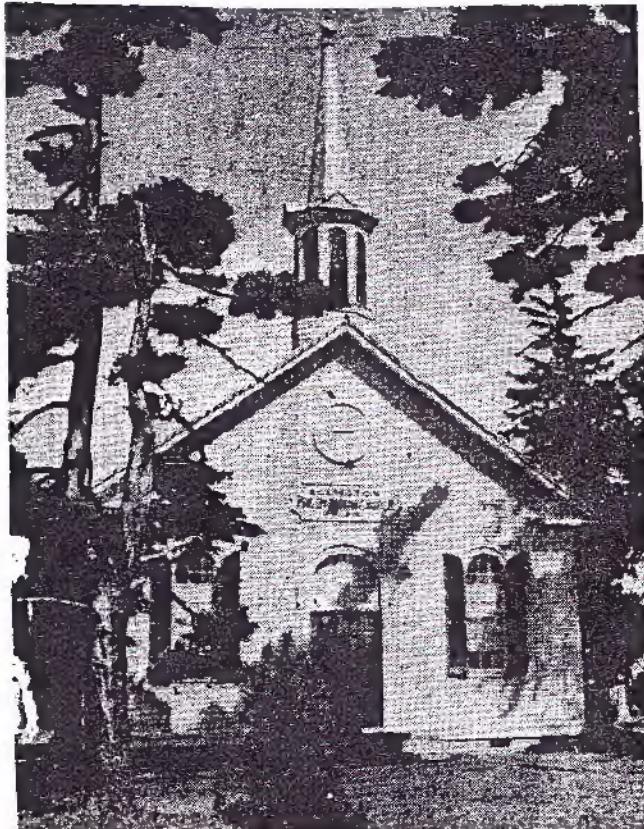
#### ABOUT THE AUTHOR

Scores of Prof. Hotema's many readers have written us for data concerning his background. For this reason he has consented to have us publish some information of his early life.

His ancestors came from Briton on the next ship following the Pilgrims on the Mayflower, and he was born in Massachusetts February 7, 1878.



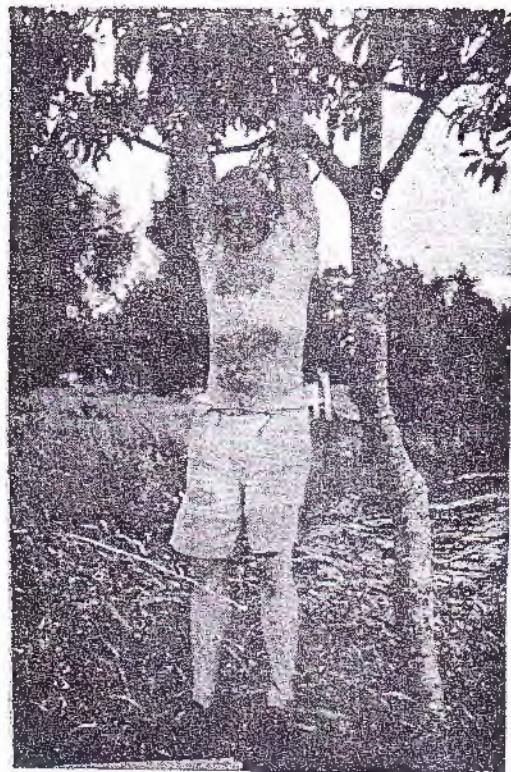
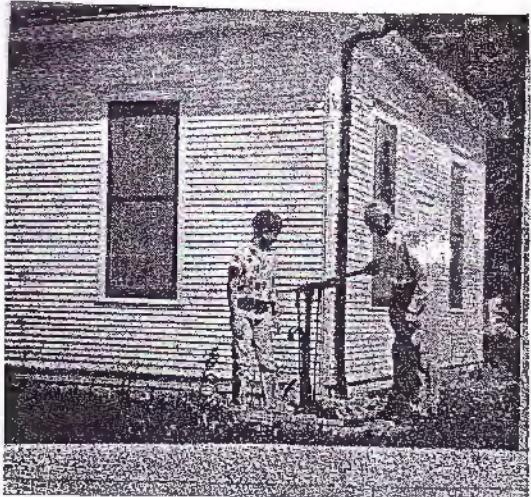
This picture of him was taken in Manila, Philippines, in April, 1901, when his regiment was preparing to leave for the U.S.A.



Present Ellington Presbyterian church was originally built in 1870 and has become landmark in rural area northeast of Quincy.

This is the little country church where Hotema attended Sunday School in Adams County, Illinois, in 1884-85.

The following account of Hotema's war-time service as a soldier in the Philippines during the years 1899-1901 were written by him and published in the National Tribune, a veterans' weekly publication.



#### HILTON HOTEMA IN 1960.

Born in Fitchburg, Mass. February 7, 1878. His paternal great-grandfather, Wm. Fales, was born February 15, 1799, in Lynn, Mass., and died in 1888 at the age of 89. His maternal great-grandfather, Thomas Johnson, was born in Mass. in 1780 and died in 1892 at the age of 112.

hearing.

Meet Sayed Ell, of Isfahan, Iran, who claims he's 185 years old, and says he has documents to prove it. He gets around well for his great age, has good sight and fair hearing.

I'm 185, He Says.



Harcourt M. Taylor  
ATTORNEY AT LAW  
SUITE 430 LIBERTY BUILDING  
Yakima, Washington

August 21, 1962

Health Research  
Mokelumne Hill, California

Gentlemen:

Will you please send me promptly three copies of  
"Man's Higher Consciousness" by Professor Hotema  
for which I enclose my check?

I have been studying this book and I consider it  
the most thorough work of anything that I have  
been able to find in my sixty years of study and  
investigation along this line.

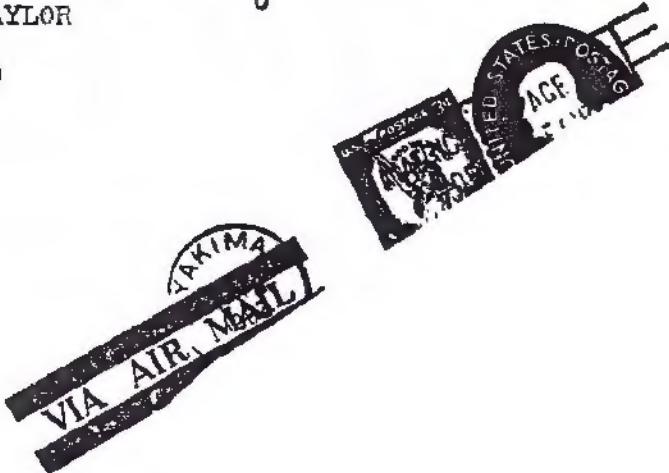
I want these copies to loan out to help people  
who are searching for light.

Yours respectfully,

*Harcourt M. Taylor*

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Enclosure (ok)

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32 North Third Street  
YAKIMA, WASHINGTON



### Publisher's Preface

This is the thirty-fifth book we have published by Professor Hilton Hotema. The first book we published some fifteen years ago entitled, "Cosmic Science of the Ancient Masters". It was then known as "God Science" and the author wrote under his real name, Dr. George R. Clements, LL.B., N.D., D.C., O.D., Ph.D. We have also published additional books of his (a few of which he is co-author), Orthopathy - New Science of Health & Natural Healing, The Great Law, Secret of Regeneration, ( his old \$75.00 correspondence course ), The Virgin Birth - The Famous Debate Between the author and Herbert M. Shelton, N.D., D.C. (Negative). Dr. Clements has also written introductions to the following books which we publish: Egyptian Book of the Dead & The Mysteries of Amenta by Gerald Massey, Mystery of the Sexes - Secrets of Past and Future Human Creation - By Col. Francis H. Buzzacott, F.N., A.G.S. Impossible to Buy In Any Book Store!, The Life & The Doctrines of Paracelsus By Franz Hartmann, M.D., Antiquity Unveiled - The Most Marvelous Revelations of the 19th Century, Concerning the Origin of Christianity 1894 (copyright) and The Secret of Long Life - Or How to Live In Three Centuries by Goddard Ezekiel Dodge Diamond (who was born in 1796 and died in 1899).

We believe that Dr. George R. Clements has given out more actual knowledge than any other one man in this century. The information that he gives in his books is not taught in public schools, given in public mediums and is seldom found in other publications.

The knowledge given in the above titles (and books which he recommends and has written forewords to), we shall teach our six-year old daughter throughout the coming years. We believe this wisdom should be known to all. However -

Truth is such a rare quality, a stranger so seldom met in this civilization of fraud, that it is never received freely, but must fight its way into the world.

Too the average person is not interested in truth. He/she wants a status symbol such as the P.T.A., American Cancer Society Etc., - is more interested in the 'news' reports of Hunt & Brinkship and the latest from the 'kept press.' In the near future, your 'American Government' will dole out 'truth' 'knowledge' & 'education' as they feel necessary to your progress in a socialistic state. The books as listed above will be suppressed (as is rapidly being done).

Progressive education and censorship are the order of the day! The average brainwashed public accepts these as they do credit cards and the ever increasing national debt. Make merry today - regardless of tomorrow (the unborn babe owes nearly \$5,000.00 before the first diaper is pinned on him!). Few people know anything - except propaganda and hearsay! The medical doctor tells him

no truths about his body and its functions ! The school teaches him nothing about private enterprise and the money system. The church teaches him nothing about the wisdom of the ancient masters (the power within his own body and mind) - in fact most churches are leading their followers down the road to surrender to the ever increasing powerful Communistic dictatorship!

If you want truth - here is your opportunity. If the turtle can live 1500 years - the author says - why can't man! The reader will, of course, not accomplish this fact - but his great, great grandchildren may - if they live right and eat right. Who knows? The opportunity for such knowledge has been given to you - what you do with it - is your prerogative.

We have omitted the account of Hotema's war-time service as a soldier in the Philippines during the years 1899-1901, as this has been previously published in his great work, LONG LIFE IN FLORIDA - which most of the readers have in their possession.

HEALTH RESEARCH  
70 Lafayette St.,  
Mokelumne Hill,  
California 95245  
May 18, 1964.

## MORE PRAISE FOR PROFESSOR HILTON HOTEMA

"I have enjoyed the two books I have written by Prof. Hotema, and am pleased that you have offered the twelve books for \_\_\_\_\_ as listed in your paper #25. Please send these and also the Land of Light". -- Dr. Enid A. Waysilk, D.C., Yucca Valley, California.

"Your writings have entirely changed my course of thought and so enriched my life that I am eager to read everything you have written and in my consciousness there is a deep sense of gratitude toward you". -- E. \_\_\_\_\_, Los Angeles, California.

"I have been reading books on Health and Philosophy for more than 40 years.

"May I say that the books written by Prof. Hilton Hotema, which I recently purchased from you, are by far the most instructive and the most original I have ever read. I am at a loss for words to give adequate praise to Prof. Hotema.

"Assuring you of my great satisfaction and wishing your company a well deserved success, I remain

L. G. T., Coronado, California."

"I am most pleased with the new spiral binding on the last few books I purchased from you. The ease in handling while reading in my opinion help keep these books in perfect condition longer than the old way of glue and stitching which in time loosens up and causes pages to separate." Sincerely, Marie Glenda, 1033-1/2 S. Harvard Blvd., Los Angeles 6, California.

"I want to express my complete satisfaction for Professor Hilton Hotema's writings, as I find his books very stimulating and educational for sound thinking. Please add the additional books I have selected". Thomas Mazucci, New York.

"I have just read Prof. Hotema's, The Land of Light, which you recently sent me. It is a wonderful work. Of course it made me want all I can get of Prof. Hotema's folios. M.C.P., Petaluma, California.

"My wife and I have completed your Hotema Folio (12 books), for the second time. If I could be granted one wish for the greater good for the human race it would be,... that every man and woman should read this folio at least once.

"We have been members of the Rosicrucian Order for many years, and the lessons and instructions covered many of the things in the folio, and prepared our minds for a better understanding.

"You refer to work which is more completely covered in your complete course of study, prepared from data gathered from the Temple of the Masters. How can we become eligible to make this complete course of study of the Ancient Masters?" -- George O. Keefer, 3711 Gold St., Apt. 5, Los Alamos, New Mexico.

"I have just finished reading "Man's Higher Consciousness", by Prof. Hilton Hotema. I think it is a most wonderful book. I think it is the whole truth. I wish I had the information it contains earlier in my life. Many thanks to Professor Hilton Hotema. -- Edmund Groben, Indiana.

"I am an old subscriber. I have purchased most of the Prof. Hotema folders and even all of the Kenyon Klamonti Series sometime ago. They are all really very well thought out and presented so simply that even a child could understand. Hurray for simplicity".

#### COMMENTS ON HOTEMA'S WRITINGS

"I AM GLAD this author is reassembling his works. I have much admiration for this tremendous knowledge and research. It is invaluable to me and older students". -- M. T., Iowa.

"One of the most informative and inspirational works I have ever read". -- Dr. S. H. W., M.D., Gloucester, Mass.

To Professor Hilton Hotema:

"Your new book LONG LIFE IN FLORIDA is the greatest on the subject the world has ever seen!

"You seldom boast about yourself in your writings; hardly ever write anything about YOU. I wish you would let me try an experiment, which is this: You give me as much information about yourself--that is the life of Hotema, and I will attempt to do a write up of, say about 5000 words, and give Hotema the real build-up to which his work entitles him".

Mr. Joseph S. Moore,  
Lancaster, N. Y.

"I received your new book (Long Life in Florida) a few days ago. This is a masterpiece. I like the war stories at the end as it shows you have had the experience which enables you (Professor Hotema) to compile such a volume.

"I can truly say the author is a genius. A tremendous amount of research has gone into his efforts and it will live as long as libraries carry worthwhile books".

Dr. Ann Wigmore, D.D.  
P.O. Box 189, Astor Station  
Boston 23, Mass.

"These books have forced me to revise, somewhat reluctantly, of course, a good many of my former 'College degree' ideas about the whole subject of Health. This I am glad to do because now, for the first time I have a clear picture framed in my mind of both the 'beginning and the end' -- as it were of what it means to attempt true healing in patients. I would insistently recommend these books to everyone interested in knowing the true facts, especially those whose mission it is to help an ailing Humanity". - Dr. Amil H. Sprehn, Member International Society of Naturopathic Physicians.

#### MAN CREATED PERFECT

Ancient tradition informs us that man was originally created the most perfect organization Creation produced in billions of years. He was the Microcosm of the Macrocosm, lacking nothing, wanting nothing, needing nothing, being free from all bodily appetites, and although surrounded by delicious fruits and limpid streams, yet he felt no desire to taste the fruit or quaff the water. Moreover, the Creator had strictly forbidden him either to eat or drink, as that would fill his clean body with decaying filth and he would surely die.

Men were mere boys when a hundred years old, having none of the infirmities of age, and when ready to pass on to the Future Life, it was done in a gentle slumber.

#### THE AGING PROCESS

There is a striking contrast between the durability of the Human Temple and the transitory nature of its elements. Man's body is constituted of soft, alterable substance, susceptible of disintegration in a few hours, but it lasts longer than if made of steel, ceaselessly surmounting difficulties and dangers of the external world and of man's evil habits even better than other living organisms do.

The Human Temple molds itself on events it cannot control. Instead of dying quickly, it gradually deteriorates and dies by degrees in a slow process called aging, as it constantly struggles to live and improvise means, by adaptation, of meeting each new situation it encounters. And these means of adjustment are such that, instead of death coming quickly, it comes slowly in a declining process, thus giving man a maximum duration under the adverse circumstances.

## SECRET OF LIVING

by Prof. Hilton Hotema

Surprising--a report in the Press of November 26, 1961, said Science declared "Hibernation could give man a lifespan of 1400 years."

Startling--A report in the National Enquirer of November 25, 1962, stated in large letters, "You Will Live Forever."

Shocking--A report in the National Informer of March 24, 1963, shouted in big type, "You Can Live Forever."

There is an old axiom to the effect that "What man can conceive he can achieve."

According to the Press of Feb. 19, 1960, Dr. Linus Pauling, Nobel prize winner in chemistry, presented to the University of Southern California faculty club the results of research on aging and death, declaring:

"Man is potentially immortal. His tissues replace themselves. He is a self-repairing machine; yet he becomes decrepit and dies, and the reason is a mystery."

One noted author said, "A faculty of learned men could labor for years and not be able to enumerate all the various forms in which the desire and search for Long Life have taken shape."

Hippocrates and Aristotle contended that man's life-span is too short and searched for the secret of Longevity. Theophrasts, dying at the age of 75, lamented on his death-bed that Creation "had given to the deer and crow a life so long and so useless, and to man a life that is too often so very short."

Prof. Edmond Szekely wrote: "There is a vast difference between the longevity of man and of animals. If the length of a stag's life were one year, a man should live for thousands of years. All these animals live for centuries; so, according to cosmic law, man should live for some thousands of years." (Cosmotherapy).

Why do deer and crow live so long? Why do some of the lowly turtles live 1500 years? If an animal can live so long, why can't man live just as long? Surely, we should be able to discover the reason for a turtle's longevity. By applying those principles to the way of man, then he too should live, to say the least, as long as a useless turtle.

Men can live that long, and longer. There is a law that rules the life-span of living creatures. But the researchers in this field stray off in the wrong direction. They search here and there for the Fountain of Youth and the Elixir of Life when they should search in the Human Temple in which dwells the Spirit of God (1 Cor. 3:16). It could be they are influenced by a desire not to disturb the sordid money-making schemes that thrive on human misery.

## THE RIVER OF LIFE

A strange story of the Human Temple not found in books nor taught in schools. A mystery to science, a puzzle to medics, and a proposition that will be rejected by the world for another century. Such things are common in this world of darkness, but they never change the facts of Creation.

The story involves the River of Life that flows thru the Living Organism, as to which the Bible says, "And he showed me a Pure River of Water Of Life. ... For the Life of the Flesh is in the Blood" (Lev. 17:11; Rev. 21:1).

And again we'll see that science is in error. It teaches that the River of Life is composed of what man eats and drinks. But man would have to be alive before he could eat and drink; and, according to the Bible, it was the BREATH OF LIFE that made man a living being, and not food and fluid.

And so, the River Of Life was present and flowing thru the body before man had eaten food or imbibed fluid.

The evidence shows that the Sanguinary Stream which turns the Wheels of Life in the human body was not, is not, and could not be composed of what man eats. If it were, its composition would vary with every meal, and its volume would suffer serious fluxion. The stream must be constant in quantity and uniform in quality to preserve Life in the body.

This involves another surprise for a science that considers nothing beyond the world of physics, which became a world of shadows with the splitting of the atom.

The Vital Stream in the Human Temple consists of condensed Pantamorphic Radiation which steadily flows into the Lungs at each Inspiration, and is liquefied by Lung Action.

This is the Universal Substance that forms clouds, oceans, worlds, mountains, rivers, forests, and everything upon the earth. Under the Law of Analogy, we know this substance also forms the Living Organism, its fluids and tissues, and gives it that "mode of motion" termed Life.

As further proof of the certainty of this assertion, deprive man briefly of that Pantamorphic Radiation in which he lives, and moves, and has his being, and he expires quickly, gasping for the BREATH OF LIFE like a helpless fish lifted from the silvery stream.

Furthermore, Created Objects are never constituted of nor sustained by "used" material. Creation never employs "second-hand" substances in any of its operations, as would be the case if man's blood and body were made of the food he ate. Creation always uses fresh material, direct from the cosmic reservoir; and that material is Electrified Radiation.

This is a Radiant Universe. The Earth floats in a Sea of Radiation. Water and ice, soil and stone, are condensed Radiation. The lowly spider spins its web of condensed Radiation.

The Human Temple, most complete and perfect organization Creation has produced in billions of years, elaborates its vital fluids of that Radiation,

employing for this purpose the world's Great Condensers, perfected by Creation, and constituted of the vast lung-surface of the human thorax, consisting of about 750,000,000 air cells, which, if they were all spread out on a flat surface, would cover a space 50 feet long by 40 feet wide.

These Great Aeriferous Organs condense into fluid called blood, the Radiation of the Empyrean as it flows into them at each inhalation. And that blood congeals into flesh and bone, forming the terrestrial habitation of man.

This secret of Creation reveals the reason why Living is Breathing. Man can live for weeks without eating, but when he stops breathing he stops living.

The facts show the Living Organism is merely a Breathing Mechanism, and breathing is the primary and principal function. All other functions are secondary and incidental, designed to keep the body fit to perform its first function of Respiration.

Breathing is automatic, involuntary, and so far beyond conscious control that when asleep or unconscious from injury or other causes, man breathes better, deeper and more rhythmically than usually when conscious and awake.

Eating and drinking are voluntary, controlled functions; and in comparison with the lungs, the stomach is an insignificant expansion of the alimentary canal that extends thru the body from the mouth to anus; and for aeons this now filthy, stinking tube, the sewer of the system, existed and remained in a clean, wholesome, dormant state, yet ever ready for service to save the body from sudden death when its services were necessary due to man's evil conduct.

The steady process of condensation and liquefaction, in the Aeriferous Organs of the Human Temple, of Universal Radiation as it flows into them at each inhalation, maintain perfectly the proper quantity and uniform quality of the River Of Life that incessantly courses thru the body. Should this vital Creative Process ever fail, in less than three short minutes the entire economy of the Organism would collapse like a shaky house of cards.

The Empyrean Sea of Electrified Radiation in which the Earth floats, contains everything found in the body, and originally sustained the body before man developed the degenerative habit of eating physical food for pleasure. It would sustain the body now as it did in the Golden Age had its radiosynthetic organs not been forced into retirement by man's habit of eating and drinking for pleasure — a practice that fills the body with decaying filth, tormenting pains, while sending man to an early grave.

This explains the unknown reason why certain organs of the body atrophied and lapsed into dormancy. That's what happened to the Radiosynthetic Organs which originally handled the Radiation so efficiently, that it completely sustained the Human Temple in vigorous health. In that glorious day of no doctors and no sickness, man lived a thousand years.

The evil habit of eating physical food for pleasure, forced these aeriferous organs into retirement, as the body adjusted its mechanism to meet the new condition — or perish. Instead of dropping dead in his tracks, man dies slowly by degrees, and science calls it "aging".

## THE AGING PROCESS

Science does not understand the cause of the Aging process. The great Dr. Alexis Carrel said the body "changes" instead of wearing out. Here's what he stated:

"The body seems to mold itself on events. Instead of wearing out (dying), it changes. Our organs always improvise means of meeting every new situation; and these means are such that they tend to give us a maximum duration (under the circumstances). The physiological processes always incline in the direction of the longest survival" (*Man The Unknown*).

The element of Time has no effect on the living organism. The turning of the earth on its axis means nothing to a body that is repaired and renewed every minute of its existence. It neither wears nor ages — but it changes; and these "changes" may be briefly considered under three main heads, viz."

1. Change in the organs and glands under the law of vital adjustment;
2. Causing changes in their functions, and
3. Change in the quality of the bones, cells and tissues.

This is the Aging Process. The body gently sinks in a slow course of degeneration instead of dying suddenly, giving the body a maximum duration under the circumstances, as Carrel said.

1. The changes in the organs and glands cause them to fall below par and, in time, some lapse into a state of dormancy or semi-dormancy. The others must increase in size and function to compensate for this loss, putting a strain on them as the body struggles to live under the handicap it is forced to face due to man's evil habits.

2. The changes in fuctions resulting from the change in organs and glands are numerous and for the worse. A state of slow deterioration begins, and its symptoms are what doctors are trained to regard as "diseases". In time these changes appear as chronic disorders and atrophied or hypertrophied organs and glands. Then comes surgery to "correct" the condition.

3. The change in quality of cells and tissues appears in that condition of weakness called Old Age, where and when the activity and elasticity of youth are succeeded by the slowness and stiffness of decrepitude.

## THE RIVER OF DEATH

As the River Of Life returns to the heart from its swift journey thru the body, it's then literally the River of Death. It is very dark in color, charged with poisons collected from cells and tissues, the most dangerous of which is carbonic acid gas or carbon dioxide.

The stream now flows from the right ventricle of the heart, thru the pulmonary artery into the Great Aeriferous Organs that fill the entire chest, there to discharge its cargo of poisons, and to be purified and replenished with new, fresh blood, condensed from Radiation in the lungs, the body's most vital process that must occur quickly and never fail, or Life in the Human Temple will instantly end -- in what medics call "heart attack", but know not its cause.

Here's the place where much of the body's degeneration begins and occurs, and never ends. It's due to the quality of the air the lungs must use to make fresh blood to replenish the River Of Life.

Respiration is a dual process from which rises either Life or Death, depending on what occurs in the Aeriferous Organs of the body.

Inspiration--to Live, to carry Life into the body; and Expiration--to die, to carry death out of the body--literally and not figuratively.

Inspiration may carry Death into the body in the form of poisoned air in the lungs. Thousands died quickly in Hitler's gas chambers in World War II. Millions are dying, mostly by degrees, all over the world, from the evil effects of polluted air, while being treated by medics for "diseases" they do not have.

The condition of the air in this decadent civilization grows worse by the year. This was noticed by a wise physician, who said that 98% of all disorders now treated by medics as "diseases", are simply the symptoms of the body's natural reaction to the polluted state of the atmosphere.

Dr. Lewis Burns examined blood specimens of 25,000 persons in a study of the evil effects of carbon monoxide gas in the blood, and found that --

"Carbon monoxide gas enters the blood thru the lungs and mixes with the hemoglobin to such extent, that the blood cannot perform properly its regular function of carrying oxygen gas to the body cells."

Burns showed that hemoglobin has a special affinity for carbon monoxide gas approximately 300 times greater than for oxygen gas. The amount of carbon monoxide absorbed by the hemoglobin is equal to the amount of oxygen displaced. While carbon monoxide readily displaces oxygen, the reverse is not the case. On this difference depends largely the evil effects of carbon monoxide poisoning, resulting often in paralysis, strokes, and occasionally in sudden death.

When carbon monoxide combines with hemoglobin of the blood, it forms a compound difficult to remove. This compound is not an oxygen carrier, and death may occur suddenly from suffocation due to lack of oxygen, regardless of the free entry of suitable air into the lungs. But usually these victims die by "aging" of carbon monoxide poisoning, while being treated by medics for some "mysterious disease" not understood.

Most deadly poison of all is that which flows from the lungs in the process of Expiration--yet this receives little attention.

Exhaled air is charged with many poisonous gases and acids of the body, eliminated thru the lungs. An adult poisons nearly a barrelfull of air each time he exhales, and each person in a room needs 3000 cubic feet of fresh air an hour. Exhaled air is worse when it comes from the lungs of smokers, flesh-eaters and sickly persons.

The air of the average home, especially in the cold zone, becomes polluted almost beyond description when cold weather makes impracticable adequate ventilation. And doctors warn people to beware of that "deadly draft of fresh air."

To the poisonous gases exhaled by persons in the home must be added the poisonous fumes of cookery in the kitchen, maybe the deadly fumes of a gas range, and the deadly tobacco smoke in most homes, where men smoke, and even ladies; and that polluted air remains in the home all winter.

Imagine the kind of air that flows into the lungs at each inspiration, to be condensed into blood to keep life in the body. Then people wonder why they are sick, nervous, weak, have aches and pains—and medics claim it's due to germs, viruses, etc.

When a few of the facts are known, it's easy to understand why man sinks in degeneration and dies by degrees long before he should. And it's all such a mystery to science.

Only the marvellous perfection of the body, in function and adjustment, makes it possible for man to live even a short life in the polluted air of his environment, with a volume of blood in his body equal to almost one-tenth of its weight, that must be constantly renovated and renewed in the lungs in the steady life-process of expiration and inspiration that cannot stop for three minutes without death resulting.

The speed of the circulation of the blood keeps man from dropping dead in his tracks. And that fate does often happen, and the mystified medics term it "heart attack".

In the constant, swift flow of the Life Fluid thru the lungs, it is able to discharge its dangerous cargo consisting chiefly of carbon dioxide. And this is the most common of the deadly gases in homes, hospitals, stores, offices, etc., filled with people whose regular exhalations steadily pollute the air with the most deadly gas known—a condition seldom noticed by the medics. Yet this gas has the name of killing man quicker than any other poison. Quicker than the venom of the most dangerous reptile.

The presence of this gas cannot be detected by the senses. It is odorless, colorless, and tasteless. Combined with hydrogen gas, it forms the fire-damp that sends brave miners to the grave, and is the most feared of all underground demons.

The atmosphere contains about one part of carbon dioxide to 2500 parts of air -- a very small proportion. But this gas is heavy, sinks to the ground and settles in low places.

When there are three parts of this gas to 100 parts of air, a drowsy feeling is experienced, and can be relieved only by fresh air. When present in the proportion of four parts to 100 parts of air, it is a fatal poison. When present in larger proportions, it's quick and it's fatal effect, with no hopes of recovery.

A man went into a well in sight of his family. He failed to respond to a call and they found him dead in the bottom of the well. His demise had been instantaneous.

Sewer gas is largely composed of this poison. A man descended thru a man-hole into a sewer but a few feet below ground level. Not returning in due time, another man went after him. When he failed to return, a third started to enter, but was stopped by a fourth. The first two were found dead, having died instantly.

Deadly carbon dioxide is present in charged drinks, in soda waters, beverages, "soft" drinks of all kinds, in beer, in fermented fluids, in cakes, bread, baking-powder cookery, self-rising flour products, and in all fermenting products.

Air exhaled from the lungs contains a large proportion of carbon dioxide. If exhaled air is inhaled again and again, as it is in most homes and hospitals, the proportion of carbon dioxide constantly increases and the air becomes more dangerous to breathe.

That's why people die in their sleep, and why many patients develop pneumonia in hospitals, especially after surgery. Their bodies are poisoned with anesthetics administered to dull the nerve system sufficiently to make the body insensible to pain, and, in addition to this poisoning is the carbon dioxide in the air. Lucky are they who get out alive.

Primary symptoms of mild carbon dioxide poisoning are sensations of nervousness, weakness, drowsiness, sneezing, coughing, colds, headache, laryngitis, diphtheria, etc. The "simple cold" evolves from the "simple mind" of the medics. They would jump higher than a kite if they knew what that "simple cold" signifies.

To prolong its duration under adverse conditions, the body adapts itself to a very vitiated atmosphere, which naturally results in a changing sinking process called aging. That is what the body steadily does in the polluted air of civilization, plus the evil habits of man.

As a result of the power of adaptation of the body, man is soon able to breathe, without apparent discomfort, air so polluted that it seemed intolerable when he first entered it.

This is the condition the medics term "immunity." You weaken a man till he can't fight to defend himself when you kick him, and he's "immune" to the kicking. It does not affect him. That is medical "immunity".

According to this medical theory of "immunity", man becomes "immune" to conditions that do not kill him instantly. He just dies slowly by degrees, by aging, and in the slow, dying process the body presents symptoms of its suffering, called "disease" by the medics, and treated as though these symptoms of the aging process were evil agents trying to destroy the body.

This adaptation of the body to meet evil conditions occurs at the expense of a depression of all vital functions. This "aging process" is just the body's slow decline as it dies by inches--while treated by medics as "diseases" which these sad victims of ignorance do not have.

There's a limit to what the body can endure. Man does not understand the body's signals that polluted air is killing it by inches. He takes poisonous "remedies" to "cure" his friends that are telling him he's living in danger. All these remedies do is to poison the body more and hasten its end.

The body's power of adaptation was well illustrated in an experiment conducted by Claude Bernard, but disregarded by medics. He showed that if a bird is placed under a cup of glass of such size that the air in the glass will sustain the bird for three hours, and if that bird is removed at the end of two hours, when it could have lived another hour in the polluted air in the glass,

and a fresh, vigorous bird is put in its place, the latter will die instantly.

This remarkable experiment showed (1) how exhalations of the organism poison the air, and (2) how the body adapts itself to tolerate poisoned air.

That is the ability of the body which enables man to drag out a miserable existence of aches and pains for 40 or 50 years in polluted air that would quickly kill a wild man of the forest if he suddenly walked into it and did not quickly retreat.

This proves there is no such thing as building up the body's power to "resist disease". It works the other way.

The body's power of adaptation enables people to live constantly in polluted air, and apparently suffer nothing more than coughs, colds, sore throat, hay fever, influenza and other ailments as a result, which are treated by the medics as evil agents that are trying to destroy the body. They are signals that the body is degenerating due to the evil effects of polluted air.

We are telling the reader how and why his lungs are damaged while he is only a child, and why the chief causes of "children's diseases" and death in children, up to the 9th year, are disorders of the air organs.

Sixty to 80 times a minute during man's life-time, the poisoned River Of Death flows from the heart into the billions of air-cells of the lungs, in which the most vital of all the body's functions occurs. Life or death depends on that function.

Man is made to live, not to die. The cause of degeneration and decrepitude and death springs from the environment, the treatment of the body, the evil habits of man, and the poisonous remedies of the medics.

The degeneration of the body can be prevented only by the condition of the Living Water that turns the Wheels of Life. If the Stream is polluted in the lungs when it flows there for purification, that starts the degenerative process. Pollute the blood more, and the body's functions become that abnormal state which medics call "disease".

Man may be weak, nervous, pale, anemic; he may be suffering from cancer, ulcer, tumor or other dreadful ailment; but when a normalized blood stream begins to flow thru his body, all ailments, regardless of name, disappear as if by magic, and all parts and organs of the body show improvement.

#### BREATHING

The Life Function is Breathing, not Eating. Air comes long before food. Even hibernating animals that sleep all winter, must have air or perish.

The Lungs are the Life Organs, not the Stomach. The Life Line is the Spinal Cord, not the alimentary canal. The Cord begins in the Medulla Oblongata of the brain and sends tiny life-carrying agents (nerves) to all parts and organs of the body.

Man is devoid of all sensation when unconscious. It is as if he were dead;

yet his body is alive. But life ends instantly when pressure on the Medulla inhibits respiration. No breathing, no living.

The most vital function is breathing, and the most vital parts of the body are the breathing organs, filling the chest, and the Medulla, situated in the posterior and lower-most region of the skull, smaller than the other cranial portions, yet most important of all so far as living is concerned.

It is surprising to know that in all medical research, there's nothing on air and breathing worthy of mention until Aristotle (384-322 B.C.). He said the purpose of breathing was "to draw air into the body to cool the blood." Little did he know that blood is condensed air.

The five hundred years passed before this stupid theory spawned the Galenic dogma (131-210 A.D.) that "Air introduced into the body by breathing served to regulate, to maintain, to temper, and to refrigerate the heat of the heart."

And there the function of respiration rested for nearly 1500 years. Not until 1668 did the Life Function receive any more attention. Then John Mayow (1643-1679 A.D.), English chemist and physiologist, shocked science by announcing his discovery in air of an element he called Spiritus Nitro-aereus. He said:

"In respiration an aereal something essential to life passes into the blood (from the air). These vital particles having been extracted by the blood from the air, the air expelled by the lungs is unfit to breathe again."

Until then, science had regarded air as a simple element, containing nothing of importance.

No more was known about the Life Function until some three centuries ago. Mayow's discovery was so slightly regarded by medical art, that it was ignored for more than a hundred years. The Secret Of Living lay exposed before the Holy Medical Hierarchy and received no notice.

In 1766 Joseph Priestly re-discovered Mayow's Nitro-aereus. In his research in "pneumatic chemistry" he isolated a gas he termed Oxygen, and showed science that air is a complex mixture of important gases and not a simple element.

Priestly termed Oxygen "dephlogisticated air". Scheele called it Empyreal Air. Then in 1782 Lavoisier, French chemist, showed that Mayow's Nitro-aereus was Oxygen, thus throwing more light on the Life Function, but still failing to see the vital importance of respiration.

In 1784 Henry Cavendish produced water by exploding a mixture of hydrogen gas and oxygen gas. This revealed somewhat the composition of water; but its exact nature still is unknown. Dr. N. E. Campbell, in his book titled: "Physics --The Elements", in 1920, said: "We know far less about the composition of water than we do about some organic compounds with a name a yard long."

Cavendish's work in producing water disclosed the secret of what occurs to air in the lungs, but of course he never dreamed that the River Of Life is produced in a similar manner from Radiation by condensing action of the lungs.

Dr. Wm. Prout (1785-1850), English physician, was the first in modern times

to divine the elemental gases from which he said all other substances are constituted. But science disregarded his findings.

About a century ago, the secret of the blood's composition began to unfold when Dr. Gustav Magnus discovered gases in the fluid. Until then science considered the Sanguinary Stream to be composed of what man eats and drinks. It was not even faintly suspected that blood was composed of gases which constitute the earth's atmosphere.

Until some 60 or 70 years ago, medical art had regarded air as so dangerous to the sick, that when the medic arrived, after a quick examination of the patient, he ordered windows closed and fastened down, and all cracks plugged with cotton to keep out the "deadly air". He also had heavy blankets hung around the bed so as little air as possible could contact the patient. It's surprising more of the victims did not die under such conditions. Prof. Alonzo Clark, of the New York College of Physicians and Surgeons, said:

"Physicians have hurried to the grave thousands who would have recovered had they been left to nature" (Densmore, p. 205).

It took Dr. Bremer of Germany over 50 years to convince medical art that air is good for the sick. The doctors of America were determined not to let him have credit for that "discovery". They sent one of their leading lights into the New York mountains on a "fishing trip", and he "discovered" fresh air is not dangerous. He said it was actually good for the sick.

Almost another century was to pass before medical art would regard air sufficiently important to Life to make a study of it. Then in 1924, for the first time, some physicians, working at the St. Louis Infirmary in connection with the Washington University, decided from their studies of 1000 persons that better health and longer life for the middle aged "may be achieved by maintaining the proper level of oxygen consumption in the body."

At long last medical art regarded it worth while to know a little something about the relationship of air to the body. But the knowledge arrived too late. Text-books had been written and medical assumptions were settled and fixed. Life was just "the expression of a series of chemical changes" (Dr. Wm. Crisler).

That is the law that governs medical art, and there this subject remains in restful repose so far as medics and their trustful patients are concerned.

#### EATING

The talk of the medics and their books make one think the bottom has been reached in the matter of "nutrition". The world is unaware that all the medics know about what happens to the food man eats is a hypothesis that evolved from certain observations by Dr. Wm. Beaumont in 1830. Prior to that time medical art was in total darkness as to the matter; and it was not known whether the stomach was —

1. A stew-pot that cooked the food;
2. A grinder that pulverized the food;
3. A mash-barrel that fermented the food; or
4. A vat in which food was macerated and dissolved.

That was the foundation of "nutrition" in 1830, and but little more is known now. The medics think man eats to nourish his body, and contend that food should be well cooked to "aid the process of digestion". How it would shock them to be told there is no such process.

Beaumont had a patient with a gun-shot wound in his stomach that developed into a fistula form that would not heal. He hired the man to work for him so he could continue to experiment on him to learn what happens to what man eats. He peeked thru the hole in the man's stomach to see what the stomach did to the food.

From these observations evolved the hypothesis of (1) digestion, (2) absorption, and (3) assimilation which succeeded the four preposterous theories listed above. We admit the three subsequent assumptions are much more sensible than the four they superseded. We shall notice them:

1. Digestion: To separate or dissolve in stomach and intestinal canal, as food; to reduce to minute particles fit to enter the lacteals and circulate in the blood; to convert to chyme (Dictionary).

2. Absorption: One of the vital organic functions, which conveys to the circulatory system the materials of nutrition, by means of the lacteals, and the effete particles of the body by means of the lymphatics (Dictionary).

3. Assimilation: To perform the act of converting food to the substance of the body (Dictionary).

These three hypotheses, evolved from Beaumont's observations, are strictly speculative, yet are presented to the world and taught in schools as fact not even to be questioned.

The third process, assimilation, is that which is said to transform the food one eats into flesh and blood. Prof. Chittenden said this "involves a chemical alteration or change akin to that of bringing the dead to life." This caused Dr. H. M. Shelton to declare:

"We can no more explain today how food material is changed into living human flesh and blood than could the lowest savage of a thousand years ago." (Natural Diet Of Man. p. 49).

The theory of the Dark Ages that the Sun revolved around the Earth is no greater fallacy than the scientific assumption relative to the sustentation of the human body. The change of food material into living flesh and blood is an assumed transformation that never occurs.

The evidence of years of experience shows that all the body uses of the food material man eats is just the Radiation it contains; and that Radiation is what science terms VITAMINS.

Now we know what VITAMINS are. They are that mysterious element in food material which heating and cooking drive out of the material in the form of gases, after which the food is worthless and forms the filthy feces discharged by the body thru the anal canal.

To illustrate: If we plant a potato in the ground it will grow and repro-

duce itself. But if the potato is heated before planting, it will rot in the ground. The heat drove the Life Element (Vitamins) from the potato in the form of invisible gas. That gas is Pantamorphic Radiation.

Cooked food, as advocated by medical art, will not support the body. That was discovered in a test 50 years ago on 6000 men selected for their exceptional vigor and reported by Alfred McCann in the New York Globe in May, 1915. In less than 15 months 4000 of the men were dead, and the rest sinking fast, but saved by feeding them raw food.

Heating and cooking drive out of food so much of the Radiation, that what is left is insufficient to meet the body's needs. All who subsist on the regular cooked diet are saved from death by the little raw food they eat. But they suffer, and the symptoms of their suffering the medics term "disease" and treat the symptoms as if they were evil agents trying to kill the victims.

The food man eats, minus the Radiation, is what passes from the bowels as stinking, rotting feces. This shows that most of what people eat goes down the sewer, and is very expensive sewage. Little would be left to leave the body as rotting filth if what people ate were changed into flesh and blood, as erroneously taught by science.

The "waste of the body" is not eliminated thru the bowels, as science teaches. The "waste" of the body is a form of Radiation, leaving the body in three states, viz.: (1) gas, (2) vapor, and (3) fluid.

Science terms the processes of the body as Physiology. Another fallacy. The correct term should be Radiology.

A new World was discovered with the splitting of the atom. That great event changed the World of Physics into a World of Shadows, exploding the World of Physiology and spawning the World of Radiology. But it will take a century and more for science to rise above its Material World of Physics.

We know now the entire Universe is knit together by a Cosmic Plexus of Pantamorphic Radiation, and all forms of substance, from gases to rocks, are gradient degrees of condensation of this plexus. One force binds together the diverse elements of matter; and in Radiation every created form rises, lives, moves, and has its being.

If we in this see further than others do, it's because we stand on the shoulders of giants, and harbor no pet theories more precious than facts.

#### FOOD THE KILLER

In the 19th century a group of eminent physicians in Europe made a study of food and feeding, and issued this statement: "WE EAT TO LIVE AND WE EAT TO DIE.

That statement is confirmed by the unprejudiced report of every investigation made of the matter.

We referred to Dr. Pauling who said, "Man is potentially immortal. His

tissues automatically replace themselves. He is a self-regulating, self-repairing machine; yet he becomes decrepit and dies, and the reason is a mystery."

The reason appears to be a mystery only to those who dislike or refuse to recognize the facts. That reason is the killing treatment the body receives.

The findings of researchers indicate that aging and death are not natural. The fault is not in the body but in man's treatment of the body.

The Press of Nov. 25, 1962, carried an interesting account referring to this matter, with large headline letters shouting, "YOU WILL LIVE FOREVER".

That's the goal of millions and how to gain it is the desire of the world. It seems science is finding the fringe of the mystery.

This account stated that Dr. Richard Gordon, and his team of scientists, working at the research laboratory of the Monsanto Chemical Co. in St. Louis, discovered that "an acid called tryptophan causes growth and aging."

This acid is one of the chemicals present in protein. Gordon found that it stimulates the Pituitary Gland in the brain and "helps to produce hormones needed for normal growth."

The account continued: When these scientists "extracted all the tryptophanic acid from foods fed to chickens, the fowls at once ceased growing (and aging) -- even when they ate all the food they needed. ...

"Arresting the growth of the chickens did not change later growth patterns -- it only halted physical development for the time the acid was withheld. If the experiment could be applied to humans, a person would (regulate his life and grow to a chosen age -- 30, 40, 50 -- and stay forever at that age.)"

Marvelous; and this seems quite simple. This factor should be explored to the very bottom. For the path seems to lead to that grand state of "eternal existence and eternal knowledge" mentioned by Herbert Spencer.

At this point the account makes a surprising observation: "Not all the facts are presented here, as the Federal Government has thrown a wall of secrecy around the research program. The U. S. Department of Health, Education and Welfare (Controlled by the A.M.A.) is now sponsoring development of the project." ...

There you are; the same old trick. The A.M.A. is always ready to block any project that may diminish the mercenary benefits of physicians and surgeons. For they make no money on good health and long life. If they did, bad health would disappear and the life-span would increase to startling figures.

We are closing in on another phase of the mystery. We are learning why the Creator forbid man to either eat or drink, thus changing the clean tube extending thru the body from mouth to anus, called the alimentary canal, to a filthy, stinking sewage channel.

If we ate no food containing tryptophan, that halts the aging process of the body which produces decrepitude and premature demise of man.. Why not go on in the same direction and eat nothing at all -- and live for thousands of years in the flesh?

## LIVING WITHOUT EATING

In Psychic Observer for May 1963, Col. A. E. Powell had a surprising story titled "Living Without Eating", in which he said:

"Preposterous as it may seem -- at least to those who have not looked into the matter -- the idea that it may be possible for humans to live and maintain health and energy without eating, sometimes without even drinking, I propose to try and show that there is a growing basis of valid evidence that Living Without Eating is not only theoretically possible, but is being done, right up to today, my file having records of 30-odd cases of individuals not eating, up to 50 or more years. ..."

"The Press of January 5, 1954, reported that Drs. Paul M. Laughton and D. C. Mortimer, Canadian National Research Council, showed that leaves of sugar beets changed air into solid wood in 10 seconds, while carbon dioxide changed into solid cellulose.

"This suggests that if something in the atmosphere can be changed into wood it is conceivable that it could be changed also into flesh and blood.

"The atmosphere contains oxygen, nitrogen, hydrogen, carbon, probably other gases, and minute particles of numerous substances. But it is hard to credit that these could become flesh and blood, which contains minerals. Then, where do minerals come from?

"This brings us to what may well prove to be one of the greatest, most significant discoveries of all time -- the existence, nature, and function of what have come to be known as Cosmic Rays.

"Orthodox Science admits that Cosmic Rays exist, but at present claims to know little about them.

"For information on Cosmic Rays, their effect on human -- and perhaps all life -- in furnishing Vitality, promoting health and curing disease, we turn to Georges Lakhovsky, a Russian-born scientist and medical doctor, who lived and worked in the U.S.A.

"His classic book, "The Secret Of Life", had a hard time getting into the U.S.A. owing to medical opposition; and even now is being delayed in reprinting for many months.

"Lakhovsky's thesis is that 'body growth and maintenance depend not on food, but on Cosmic Rays, the body itself being a condensation of these Rays', which are said to be 'streams of substance of ultra-sonic form, which condense into minerals' as they contact the earth's atmosphere.

"This datum he deduced by measuring the amount of iron in unicellular organisms, kept in sealed tubes. After a period of time, he found that, as the cells multiplied, the iron-content of the organisms increased.

"He carried out also a number of experiments on plants, which have been repeated, confirming his results, by other scientists in Europe and America, and which are so epoch-making that they should have rocked to their foundations orthodox medical and health science.

"In the Orient, for ages past, Hindu Yogis have maintained that our life and energy are not derived from chemical forces released by assimilation of food, but from an invisible force which they named prana, and they have devised many practices, notably special methods of breathing, to augment the intake of Prana and thus promote health. These practices are known as Pranayama, usually translated as "Breath Control", though a more accurate translation would be Control of Prana.

"Yogis claim that it is possible so to increase absorption of Prana or Vitality, that they can live for long periods, or even indefinitely, without eating any physical food at all, or even drinking. ...

"Dr. George W. Crile told a gathering of medical men, 'What we eat is radiation; our food is so much quanta of radiant energy. This all-important radiation, which releases electrical currents for the body's electrical circuit, the nerve system, is given to food by the sun's rays. ... Atoms are filled with solar radiance. ... Atoms full of energy are taken as food. ... The atoms are discharged in the body's protoplasm, the radiation furnishing chemical energy, electrical currents.'

"The 'Vegetarian-Hygienist', Sept. 1962, stated that, at a recent convention of the American Association for the Advancement of Science, an out-standing plant-physiologist reported that it will be known some day how we derive life-giving energy from sunlight instead of from food.

"We now come to the climax of our Non-Eating Thesis -- actual recorded cases of people who live and have lived normal lives without eating, often without drinking, for periods up to 50 or more years, which data have been collected from many sources, and are here abridged to their essence:

"1. -- Giovanni Succi for 10 years traveled thru Europe giving exhibitions on fasting, being in the public eye day and night. He fasted 80 periods of 30 days and 20 of 40 days, total 3200 days without eating (Ripley in Believe It Or Not, Jan. 25, 1938).

"2. -- Jekisiel Laib, Grodno, Poland, fasted 6 days a week for 30 years, each Saturday taking bread and water (Ripley in Believe It Or Not, Jan. 16, 1934).

"3. -- An Indian Yogi spent 6 months in a brick and cement grave without food or fluid. When the grave was opened, in the presence of professors and college teachers, he was awake, his beard had not grown, he looked just as he did when he entered the grave. Hale and hearty, he raised his hand in salutation to the 100,000 gathered to welcome him.

"4. -- Muni Shri Mierilalji, Jain priest, took water only for 259 days. Press of Nov. 30, 1934.

"5. -- A British girl 12 years old took water only for 12 months. Press of Oct. 12, 1948.

"6. -- Mrs. Martha Nasch, age 44, of St. Paul, Minn., asserted she had eaten nothing for 7 years. Press of Feb. 6, 1937.

"7. -- Yang Mel, Chinese girl of 20, ate nothing for 9 years, drank very

little water, lived a normal life. Case reported by Dr. T. T. Gan, Chungking Municipal Hospital. Press of May 31, 1948.

"8. -- Caribala Dassi, sister of Babu Lamboxer, pleader of Purilia, 'has been living for the past 40 years without taking food or water, and has done her regular household duties with no apparent injury to her health. India's Message, Jan. 1932.

"9. -- Angelina van der Flies fasted 35 years. Modern Loaves & Fishes, by Dr. Philip Haley, Director of California Society for Psychical Research.

"10. -- Dhanalak Shumi, Marcara, India, age 18, for over a year took no food or water; leads normal, healthy life. At 14 appetite diminished till she could not assimilate anything. Indian Government sent her to be examined at the Bangalore General Hospital, Bombay. Press, Aug. 20, 1953.

"11. - Giri Hala, Bahar, West Bengal, now over 70 years old, has taken no food nor fluid since she was 12, but as a child she had an insatiable appetite. Has never been sick, is an expert in Pranayama and Yoga, always gay, looks like a child, does normal house work, has no bodily excretions. Her case was investigated by the late Sri Bijay Chand Mahtab, Maharajah of Burdwan.

"12. -- Therese Neuman, Bavarian Peasant, born 1898, has taken no food, no water and no sleep since 1926; is not thin or sickly, works in her garden, and is described as one of the happiest of persons. Aberree, May, 1980.

"13. -- Judah Mehlner, Grand Rabbi, 1660-1751, for 41 years ate and drank sparingly one day a week only, broke his fast about 12 times a year on Jewish holidays; led busy life as Rabbi of 3 communities, lived to be 91 (Ripley's Believe It Or Not).

"14. -- Janet McLeod ate no food for five years.

"15. -- Josephine Durand, Geneva, took no solid or liquid for four years.

"16. -- Appolonia Schriener, Berne, Switzerland, took no food or liquid for five years.

"17. -- Louise Gussie ate nothing for three years.

"18. -- Marie Frurtner, Bavarian girl, lived on only water for 40 years; was under observation for a time in Munich in 1835.

"19. -- Ste. Mariana de Jesus, the 'White Lily of Quito', lived without food or drink for 7 years.

"20. ---Search Magazine, July 1957, in 'Their Food Is Thin Air', by K. M. Talgari listed the following cases of Non-Eating:

"St. Lidwine of Schiedam; (21) Blessed Elizabeth of Rent. (22) Ste. Catherine of Siena. (23) Dominica Lazarri. (24) Blessed Angela of Foligno. (25) Louise Lateau. (26) St. Nicholas of Flue, Bruder Klaus, 15th Century hermit, abstained from food for 20 years. (27) Shogi Baba, Simla, took but water; time not stated.

"28. -- Mollie Fancher, Brooklyn girl, at 17 became blind and bedridden for 50 years, scarcely ever free from pain, did not eat for 9 years. Case attested by scientists, judges, physicians, educators. Prof. West said, 'The entire scientific world should know about this case.' 'They called her the Brooklyn Enigma', by Enid Smith, *Psychic Observer*

"29. -- Balayogini Sarasvati Anka, Indian, for three years lived on water only (Dhanjishaw D. Patell, F.R.C., In Rosicrucian Digest for June, 1959).

"30. -- Indicative of the plausibility of our main thesis of Non-Eating, is a tiny example from my own life. During the last week of a 3-week fast, I lost no weight.

"31. -- A far more instructive example is that of a Doctor I know, who lived for two weeks, leading his usual, active, busy life, and he said he seemed to 'draw all he needed' from the air, taking neither food nor fluid, and gained eight pounds in weight."

That's what Col. Powell had to say about "Living Without Eating".

In a London publication, the Occult Gazette for Aug. 1, 1963, appeared an article by Mary Caine titled "Is Eating Necessary?" in which she said:

"Small children usually have to be coaxed to eat. It's an acquired taste (habit) with them. It's possible they are right and we are wrong.

"A distaste for food is especially noticeable in the case of imaginative children. Our small son, a highly imaginative boy of six, has hardly eaten anything for two years, and is healthy and vigorous. ....

"Every religious system can present its prophets and seers who, when they needed inspirational guidance, retired to the desert and either ceased entirely to eat for a period of six or eight weeks, or at least reduced their food to an intake we should now regard as impossible for maintaining physical life.

"From the exile they all returned -- not on a stretcher, but with enormous energy and a message which has altered the course of world events to a greater or lesser degree. ....

"While totally abstaining from food might bring the greatest increase in perceptive intuition and inspiration, this seems to be an ideal to be kept in mind rather than a practical plan to advocate. But to reduce food consumption without filling the gap with something even more satisfying would be to create, before anything else, a disastrous vacuum of boredom and anxiety.

"So, it's important at this point to emphasize how necessary it would be for the experimental researcher to compensate for the lessening intake of physical food by a proportionate increase in mental and imaginative interests. ....

"In Kingston there lives a wonderful old man, a Turk, who has eaten only apples or pears for forty years, and at the age of 82 has not been ill since he practically stopped eating. His vitality is much greater than that of most men of his years, and his need for sleep is far less than theirs. ....

"The great revolution would be first in thinking (for as a man thinketh so

is he - Prov. 23:7). If food were considered as unnecessary, this alone would be a tremendous step forward. From that point the pioneer would begin to experiment to discover what was at present a practical necessity for himself. This would lead to a gradual lessening of food intake, and in some cases the goal of total food abstinence might very well be reached.

"A couple of generations of evolution on these lines would probably be all that would be needed to produce an influential number of non-eating people. They would be remarkable for their psychic vitality, and a new ideal man would be born.

"The time may well come when a child with what is now considered a healthy appetite will be taken by its anxious mother to a psychiatrist to learn what is wrong that it would want to eat so much.

"All eating may in time come to be classed as "emotional eating". It may well be we shall find that fasting, far from being a discipline fraught with terror, is really a natural state in which good health is easily maintained; a delicate balance of body and psyche that is far superior to the animalistic robustness we now regard as normal and desirable." ...

It was man's own work that terminated the Golden Age of tradition, and it will be his work that will resurrect that glorious period. For "the thing that hath been, it is that which shall be; and that which is done is that which shall be done; and there is no new thing under the sun" (Eccl. 1:9).

#### TURNING BACK

The brainwashed masses never learn the facts and never turn back. But a few exceptional individuals here and there who make a search for the facts and find them, make an effort to reform and return to the strait and narrow path that leads to a better life (Mat. 7:14).

One of these rare cases comes before us in the person of one Barbara Moore, of London, whose picture and strange story appeared in The London Sunday Chronicle of June 17, 1951. The account said:

"A woman of 50, who looks like she was only 30, claimed yesterday that she hates food, has beaten old age, and expects to live at least 150 years. She has set out to do it by giving up eating.

"Twenty years ago she ate three normal meals a day. Slowly for 12 years she reduced her eating until she was keeping fit on one meal a day of grass, chickweed, clover, dandelion and an occasional glass of fruit juice.

"Five years ago she switched entirely to juices and raw tomatoes, oranges, grasses and herbs. Now she drinks nothing but a glass of water flavored with a few drops of lemon juice to kill the taste of chlorine.

"She says, 'There's much more in sunlight and in air than can be seen with the naked eye or with scientific instruments. The secret is to find the way to absorb that extra -- that cosmic radiation -- and turn it into food. That's what I've done.'

"Each year she goes to Switzerland for the better air and climbs mountains on a diet of water from the streams. 'You see', she explains, 'my body cells and blood have changed considerably in composition. I'm impervious to heat, cold, hunger or fatigue.' She continued:

" 'Winter or summer, even in Switzerland, I wear only a short sleeved jumper and skirt. In cold weather people stare at me. While they shiver in furs, I'm warm. I'm as strong as a man, and need only four or five hours' sleep for normal relaxation. As my body is free of toxins, I'm never ill.

" 'I had to advance slowly from vegetarianism to uncooked fruit and then to liquid. Now I'm working towards Cosmic Food (Air). I've passed the eating stage and could not eat if I desired, as my alimentary canal has changed considerably. It is no longer a filthy tube and is now unable to handle any fiber.

" 'Instead of thinking my life-span will end in ten years, I'm growing younger. Any one can do the same if they'll try. The tragedy is that eating is one of the great pleasures of life. To stop eating is to experience discomfort only while the body is adjusting itself to the new course, which was the original course. I now find even the odor of food nauseating.'

In 1961, a decade after the above story appeared, Dr. Morris Krok, of Durban, South Africa, published his book, "The Conquest Of Disease", in which appeared "An extract from Dr. Barbara Moore's speech that appeared in "The Life Natural" published at Ganeshnagar, Padukkottai, S. Ry., India (Nov. 1960 issue) which confirms almost everything that has been said in "The Conquest Of Disease". This extract appears as follows:

"By experimenting on myself, I've found that neither energy nor body heat comes from food. It's a fact, perhaps paradoxical, yet true, that I spent three months in the mountains of Switzerland and Italy eating nothing but snow and drinking only snow water.

"I was climbing mountains daily, not just fasting and sitting down and reading a book, or gazing at the sky. No; I was hiking daily from my hotel to the mountains, often 15 miles, climbing up to seven or eight thousand feet, then coming down and walking another 15 or 20 miles to my hotel.

"During my fasting I climbed mountains daily, and if I could not on account of bad weather, I'd walk 50 or 60 miles. That proved it to me. Year after year I've done the same thing to find out whether it's true or not. For one year it may work and the next it may not work with the same body. So I've done it year after year and find that neither energy nor heat of the body comes from physical food.

"When I discovered this I went a step further. I wanted to see whether I could live without food at all, not for two or three months, but for a much longer period. I found this was also possible, but not quite on an ordinary level, as it were. I can do that in the mountains, but it's more difficult when I come down to an ordinary level. I find the air is different.

"I hope in time to live entirely on air. Meantime, I'm trying to circle the globe, to see more people, and to let more people see me, so as to convince them that what I've discovered is true. They'll see that I live on a peculiar diet.

"I'm a very busy person, and have little time to sleep. I'm never tired nor hungry. I can't say I'm impervious to most of the things people have to combat all their lives, but gradually it becomes easier to fight them off. It's worth while trying to discover these things."

#### A NEW EPOCH

According to ancient tradition, man was created the most perfect organization that Creation produced, lacking nothing, needing nothing, wanting nothing. He was free from all physical appetites, and although surrounded by delicious fruits and limpid streams, yet he had no desire to taste the fruit or quaff the water. Moreover, the Creator had strictly forbidden him either to eat or drink, as that would corrupt the body with decaying filth and he would surely die. Men were mere boys when a hundred years old, having none of the infirmities of old age, and when ready to pass on to the future life, it was in a gentle slumber.

Primeval Perfection of the Human Temple was beyond the limit of human nature to preserve; and the Bible says, "And God looked upon the earth, and, behold, it was corrupt; for all flesh had corrupted his way upon the earth. The wickedness of man was great in the earth, and every imagination of the thoughts of his heart was only evil continually" (Gen. 6:5, 11, 12).

In this state of evil and wickedness only one man was found worthy to be chosen to preserve the race. That was Noah; and he was 600 years old when the Biblical Deluge passed into history, giving birth to a New Epoch.

Naturally, the New Epoch was regarded as progress and improvement. Let us review what occurred and form a conclusion on the findings.

Man loves life above everything else. "For what is a man profited if he shall gain the whole world, and lose his own life?" (Mat. 16:26). And the first big decline in the life-span was in the case of Shem, Noah's son, at the inception of the New Epoch.

His life-span was 348 years shorter than his father's. That was the first appreciable decrease in the life-span from the days of Adam. Then from Noah down to Nahor, only eight generations, the decline was a shocking 802 years.

And so, with the dawning of the New Epoch man began to die at an age when his forefathers still had been boys. That's the story the Bible tells the world in the 11th Chapter of Genesis.

The 10th verse of the 11th Chapter begins a condensed version of a significant period that must have been excerpted from a very ancient scroll. It starts with the "Generations of Shem", Noah's son, and the scribe rushed thru eight generations, down to Nahor, who lived only 148 years. The scribe regarded it unimportant to state why the life-span sank so fast after Noah. He may have had a motive for not presenting that data.

However, there is evidence to show a remarkable change in the ways of man began with Noah after the Flood. Man commenced to do things he had apparently never done before. The Bible is particular to give it special notice in these

words:

"Noah began to be a husbandman, and he planted a vineyard, and he (ate of the fruit and) drank of the wine, and was drunken; and he was uncovered within his tent" (completely out) (Gen. 9:20, 21).

A new mode of living began. The Bible definitely indicates that man was a Primeval Breatharian, and did not consume physical food grown in the ground. For, according to the Bible, man can eat ... only in the sweat of his face. This means agriculture is a curse, a fall from a more perfect stage to a lower and imperfect one.

Man's body was endowed with functional organs, now long dormant from non-use, that originally absorbed from the Sea of Radiation in which the Earth floats, all the elements needed to sustain him. Those Radiosynthetic Organs would do that now had they not been dormantized by non-use resulting from the evil habit of eating physical food.

There was sound reason why man had been forbidden either to eat or drink. The clean canal that extends thru the body from mouth to anus would become distorted, distended, and changed to a sewage channel, a stinking cesspool, loaded with bacteria, filth, and poison that would seriously damage the body, causing it to sink in decay and death. But man disregarded the divine warning and suffered the consequences, losing more than 800 years of his precious life in eight generations.

E. T. Tennyson, in his book "The Diet of Oxygen", noticed this matter in these words:

"While Noah has been ... criticized ... for his drunkenness, the facts show that he was completely innocent. Why? Because he knew nothing at all about intoxicating drinks, and he had never heard of such a thing as drunkenness. In fact, Noah's fermented grape juice was the very first alcoholic drink that had ever existed upon this earth" (p. 27).

The habit of eating and drinking which appears to have been spawned by Noah, seems to have reached its climax in the days when mighty Rome was in its glory, with pleasure as the ruling thought of the people.. The average life-span then was only 22 years. the lowest in history.

It's repulsive to read about the custom of those Pompeians who resorted to emetics at their frequent banquets. After eating all their stomach could hold, they emptied it in their "vomitorium" so they could eat again.

The foolish people did not eat to preserve the body, but for the satisfaction of their unnatural appetite. They ate exclusively for the pleasurable sensation of tasting the food, for sense-gratification, with never a thought of the body's needs. The same condition prevails in this civilization.

And they must have judged themselves extremely clever for having discovered how to circumvent the purpose for which Creation designed the alimentary canal. And they never suspected there was any relationship between their treatment of their body and its brief duration. Even now medical art fails to notice any connection between the condition of the body and the treatment it receives.

When man is urged to eat freely of well-cooked food to keep his body "well nourished", it indicates the medics know nothing about what really sustains the body. Three hundred years ago wise men knew that food does not "nourish" the body.

A book titled Comte De Gabalis, written in 1669 A.D. by N. de Mountfaucon de Villars, contains the following data:

Philosophy of Nutrition — "Nutrition is but little understood today, for it is controlled by a Force outside of thought or will.

"There is an indestructible Force inherent in all matter. Its mode of action is unchanging and it plays unceasingly upon humanity, acting simultaneously in all spheres of being, yet does not express itself in concrete form.

"This Force has the property of stimulating the atoms to assume new relationships, and galvanizes the energy latent in dormant cells into a higher state of action. Food is the (present) medium thru which this Force acts (now) in the human body (but this was not originally the case).

"During metabolism that atomic energy is liberated which stimulates into action those cells (of the radiosynthetic organs) whose activity is required to carry forward cell evolution.

"Food, therefore, gives to the body only stimulation to atomic action (and not nourishment). During the process, the food loses none of its properties, but is merely changed into other states or conditions (becoming decaying filth that damages the body and hastens its demise).

"At his present stage of evolution, man depends upon food solely because he has not become conscious of the law governing the Force which imparts atomic action to all parts of his organism.

"For there is a law which governs the action of this ever flowing stream of regenerating current directed upon matter. When man, in time, becomes conscious (again) of this law, he will be able to assimilate this Force (directly from the air as he did in the Breatharian Age) and will no longer be dependent upon matter for the support of his physical organism.

"The fact that man, at a certain period of evolution, will exist without taking nourishment is foretold in an ancient prophecy by the Magi, 'That men shall be blessed, no longer needing food' (as in the days of Adam)."

And so, nearly three centuries ago there was expounded by a wise man the mystery of Nutrition that baffles science. "Food gives to the body only stimulation to atomic action", and is never "changed into living human flesh and blood."

We've cited cases of people now living whose radiosynthetic organs are so well developed that they eat nothing, their body absorbing directly from the air all it needs to sustain it properly in health.

Again the Bible confirms what has been said by stating, "The thing that hath been, it is that which shall be (again) ... and there is no new thing under the sun" (Ecol. 1:9, 10).

The evidence strongly indicates that we've discovered and presented one of the basic causes responsible for the shocking decline in the human life-span, in only eight generations, from 950 years, the age of Noah, to 148 years, the age of Nahor.

The evidence here presented from the Bible indicates the best books for those searching for health, deal with fasting not with feeding. These facts show the reason why fasting patients recover health regardless of the frightening names the medics give to the body's symptoms of illness, which symptoms are nothing but the evidence of its fight to live under the abuse it receives. Diagnosis is another medical fallacy.

A certain medic who had retired and no longer needed patients for dollars, wrote a book, published in 1956, showing that food damages the body. It is a surprising thing for a medic to do that, for he had to rise above and depart from the teaching of his school. He had a lady, whose pulse was 68, eat a potato, and her pulse quickly jumped above 180 -- "it just flowed".

#### LAW OF ADAPTATION

We've quoted Spencer who wrote, "Perfect correspondence would be Perfect Life. Were there no changes in the environment but such as the organism had adapted changes to meet, and were it never to fail in the efficiency with which it met them, there would be Eternal Existence and Eternal Knowledge."

Rev. Henry Drummond then showed that man, by means of his more perfect and complete organism, is more fully equipped with "adapted changes" than any other animal, to meet, master, or control his Environment. He observed:

"The organism then with the most perfect set of correspondences, that is, the highest and most complete organism, has an obvious advantage over less complex forms. It can adjust itself more perfectly and frequently. But this is just the biological way of saying that it can live the longest. And hence the relation between complexity and longevity may be expressed thus -- the most complex organisms are the longest lived."

In view of these statements, think that some lowly turtles live 1500 years while a man of 80 is rare, and a man of 90 is a wonder, and the centenarian little less than a miracle.

Created objects are adaptations and come into being complete. Nothing is added to them nor deducted from them in the course of their entire existence.

If man were not originally created to be a consumer of physical food, why was his organism endowed with an alimentary tract? This question is posed by those who know little about the Law of Adaptation and less about the purpose of the rudimentary organs in the human body.

There is not a time in the entire existence of the body when all of its organs are in action. Those whose action is not needed because of the condition under which the body exists, rest in a dormant state, but ever ready for action when their action is needed.

Creation performs its work perfectly, and knows the possibilities of all

its products, and provides accordingly. It knows what man is designed to do, and makes suitable and fittable provisions for all of his activities. This means the human organism is fully endowed with all organs it will ever need. The organs called into use, perform their allotted functions; and those not called into use, are present in a dormant state, ever ready for use when their use is required.

This expounds the reason why the body possesses dormant organs. Had Noah's body not been endowed with a dormant alimentary canal, he would have dropped dead when he first ate grapes and drank wine. These acts caused the alimentary canal to become active.

It is proper to notice here what was said relative to these matters by that truly great scientist of this century, Dr. Alexis Carrel. He wrote:

"There's a striking contrast between the durability of our body and the transitory character of its elements. Man's body is composed of soft, alterable material, susceptible of disintegration in a few hours. But he lasts longer than if made of steel. Not only does he last, but he ceaselessly surmounts the difficulties and dangers of the external world, accomodating himself, much better than other animals do, to the changing conditions of his environment (and his evil habits). . . . The body seems to mold itself on events. Instead of wearing out (dying), it changes (degenerates). The organs always improvise means of meeting every new situation. And these means are such that they tend to give us a maximum duration (under the circumstances).

"The physiological processes, which are the substratum of inner time (aging), always incline in the direction leading to the longest survival of the individual (under the circumstances). This strange function, this watchful automatism, with its specific characters, makes possible human existence" (Man The Unknown).

If the body had lacked the ability to adapt itself to man's evil habits, had Noah dropped dead when he ate his first grapes and drank his first wine, there would have been no more eating and drinking, and the life-span would not have decreased from 950 years to 148 years in only eight generations.

In spite of the fact that the human body is so much more perfect and superior to other animal bodies, and is able to adjust itself more frequently and fully to changing conditions of environment and human habits, man abuses his body so much that his life-span is far shorter, comparatively considered, than that of any other animal. They live from seven to one hundred times the period required for them to attain maturity, whereas man does well to live double that period.

Birds that mature in one year live 20 to 50 years. Writers on natural history state that the swan, wild hog, eagle, live 300 to 500 years, and some of the parrot species live in their natural environment 600 to 700 years.

After long ages of eating, the human body is still so inefficiently adapted to this condition, that the world is filled with folks who are afflicted with stomach and bowel troubles, and all the many ailments that stem from this source. And yet science never suspects that the cause lies in the fact that man was not to eat to sustain his body. That eating is an acquired habit like drinking and smoking.

If "hibernation could give man a life-span of 1400 years" as science claims, this datum directs attention to benefits gained by the body in that state. The chief ones would be a suspension of eating, drinking and procreating. This seems to reveal the Law of Longevity to be as follows:

"If man consumed only Radiation thru his respiratory organs as he did in the Golden Age when he lived a thousand years according to tradition, if that Radiation were never polluted, and if the procreative function remained dormant, sickness would be unknown, decrepitude would be unthinkable, and longevity would be unlimited."

It is within man's power to improve the degenerate condition of his body and to increase the length of his life-span, but that is something for which the world is not waiting. The reason being that good health and long life make no money for any man or institution except the insurance companies.



Visible display of Pantamorphic Radiation  
Multiple lightning strikes over Tampa skyline provided this unusual picture.

#### WHAT IS THE EMPYREAL SEA

In 1962 our work titled *Cosmic Radiation* was published, and was perused with intense interest, especially by a certain scientist, who wrote that we were cutting closely to an ancient secret that had been lost for ages, and offered some valuable suggestions regarding the matter.

Then came the Mariner II Venus probe. When that data were processed from the messages sent back to Earth, the discovery was made that the vast space between the Earth and Venus is a SEA OF ELECTRIFIED GAS--"an ocean in the accepted sense of the word", wrote John Leer, Science Editor of the *Saturday Review* (Jan. 5, 1963).

And so, one of the surprising discoveries of the dawning Space Age is that our planet actually floats in a Sea of Radiation as a ship floats on a sea of water.

This Sea of Radiation is gaseous, thin, transparent, elastic, easily set in motion, and apparently absent on calm days. Fragments of the Ageless Wisdom that have escaped the destructive hands of despots, show the Sages of Antiquity knew the celestial bodies are not occupying empty space, as science had thought, but whirl in an ocean of Electrified Radiation.

This Gaseous Sea in which man lives, and moves, and has his being, is not a simple element as science had assumed, but is a mixture of electrified gases of which five predominate in quantity, quality, and importance. They are called nitrogen, representing 78% in dry air; oxygen, 21%; argon, about 1%; water-vapor, said to be composed of hydrogen and oxygen gases, .01% to 5% and carbon dioxide about .03%.

Until recently science knew almost nothing about this gigantic Sea of Radiation, regarding it only as empty space; and then got a shock when it learned there is enough Electrified Radiation in one breath of that Invisible Ocean to power a large airplane for a month.

This invisible Sea of Radiation is tasteless, odorless, colorless, and exists in several layers, the lowest, called troposphere, extending, it is said, from about four miles above the Earth at the poles, to some eleven miles at the equator. These miles of it, plus the miles in the "blue yonder" of other layers, the stratosphere, mesosphere, and ionosphere, produce tremendous pressure upon the Earth of nearly fifteen pounds per square inch at sea-level.

The weight of this vast sea of gas is stupendous, yet man is unaware of it because of the equal and countervailing pressure of the gases and fluids within his body. The pressure exerted on him and the Earth is 2,016 pounds per square foot.

The entire burden of this Sea pressing down on the Earth totals approximately 5,000,000,000,000 tons — the equivalent of a block of granite 2000 miles long, 1000 miles wide, and nearly half a mile thick.

We inhabit the surface of our small satellite, at the bottom of this Gaseous Sea, millions of miles deep, on the floor of an endless ocean of Electrified Radiation that engulfs the Earth — where man exists as precariously as a marine organism in its natural habitat of fluidic gases called water.

This Aeriferous Sea contains the Virility of all life on this planet, and from it emerge the Force and Elements that constitute the Living World. As we said in another place, deprive man briefly of this Electrified Radiation that constantly flows into his lungs, and he quickly expires, gasping for breath like a helpless fish lifted from the silvery stream. And science claims man is sustained by the food he eats, and from the food comes the energy of his body. Science has many more startling discoveries to make.

We learn that man is just a breathing mechanism, living in a huge sea of Electrical Radiation. Lavoisier called him an Animate Engine, consuming Oxygen gas as fuel and emitting carbon dioxide as exhaust gas.

The Human Temple, a Breathing Mechanism, always appears the same, but is constantly changing, its tissues incessantly renewed, not of the food man eats but of fresh material supplied by Electrified Radiation that flows into his lungs at each inspiration. This evidence deepens the mystery of why the body becomes decrepit and dies when it should go on forever like a river of water.

Raw Electrified Radiation never contacts the Earth. If it did, our planet would be as barren as a cobble-stone. That Radiation is modified and transformed into another form by contact with the electro-magnetic emanation of the Earth, called its Aura.

This transformation is another phase of creative action that automatically occurs in the preparation and maintenance of conditions fittable and suitable for the appearance of everything upon the Earth.

In addition to other things, the Empyrean Sea serves as a protective canopy that shields the Earth from the terrible violence of the Sun by tempering its destructive, short-wave emissions. But for the protecting Empyrean Sea, the Sun would destroy us a hundred million miles away. It does ruin vegetation in dry weather, and also causes serious damage to human beings who stupidly expose too long their bare bodies to its powerful rays.

At night, the Empyrean Sea, like the glass roof of a gigantic greenhouse, prevents the heat of the day from flowing out into space. Otherwise the maximum temperature of the Earth would rise to scorching levels but for the protecting canopy that shields the Earth from the powerful rays of the Sun, and sink at night to a minimum far below zero.

And finally, like a vast transparent screen, the Empyrean Sea consumes by friction practically all the millions of meteors that fall daily from outer space into the Earth's Aura.

And to think that, for most of his history since the loss of the Ageless Wisdom, man has known so very little about his absolute dependence for his Life upon what we call Air, and even of its existence in gaseous formation.

For thousands of years man in the western world has been taught that Matter exists in two definite states, solid and liquid. The concept of the gaseous state, the predominant state of most of the latter of the Universe, was beyond the knowledge of modern science.

Science had regarded Air as a simple, homogeneous element of little importance. It was not until the 17th Century when scientists discovered that such was not the case. And so lightly was this discovery regarded by a materialistic science, that it was not until the 18th and 19th Centuries that science began to pay any attention to Air.

Then certain scientists began to realize for the first time, that Air is actually a mixture of many gases, and, more surprising, that all the elements of the Universe exist in a gaseous as well as in a liquid and solid state. That oceans, continents, mountains, rocks, forests, animal and humanal bodies are constituted completely of Condensed Radiation.

The difficulty in envisaging Air as material substance resulted not only from its invisibility, but from its compressibility. Solids have constant shape and volume. Liquids have no shape but retain constant volume. Gas is so mobile and compressible, that two quarts of it may weigh less than one, depending on its state of density.

In the 18th Century some data of the Empyrean Sea and its components began to evolve. Carbon Dioxide was identified in 1754, oxygen in 1766, and nitrogen in 1772. Less than two centuries ago it was that some of the mysteries of Creation began to unfold before the surprised scientists.

Only a short time ago science knew so little about the properties of Air, that it did not know that without the Empyrean Sea no plant, no tree, no fish nor fowl, no beast nor man, could appear and exist on the Earth.

The Empyrean Sea governs the very quality and condition of the entire Terrestrial World, the home of earthly man. And our vaunted science knew nothing about it.

(END OF PART ONE)

Mark Twain's advice to the complaining scoffers:  
"If you cannot answer a man's argument, don't be discouraged; you can always call him names."

"Truly each new book is as a ship that bears us away from the fixity of our limitations into the movement and splendor of life's infinite ocean." —HELEN KELLER

It is never too late to give up our prejudices. No way of thinking or doing, however ancient, can be trusted without proof.

HENRY DAVID THOREAU

"Imagination is more important than knowledge. Knowledge is limited; imagination encircles the world." —EINSTEIN

"The World is not respectable, it is mortal, tormented, confused, deluded forever, but it is shot through with beauty, with love, with glints of courage and laughter, and in these the spirit blooms timidly, and struggles to the light among the thorns." —SANTAYANA

"The worlds, the stars shall fade away, But thou shalt flourish in immortal youth, Unhurt amidst the war of elements, The wreck of matter, and the crush of worlds!"

—ADDISON

"Is anything of God's contriving endangered by inquiry? Was it the system of the Universe or the Monks that trembled at the telescope of Galileo? Did the circulation of the firmament stop in terror because Newton laid his daring finger on its pulse?"

—LOWELL

#### WHAT IS THE TRUTH?

Eliphas Levi, wrote:

"A prisoner devoid of books, had he a Tarot of which he knew how to make use, might in a few years possess a universal science, and discourse on all possible subjects with an unequalled doctrine and inexhaustible eloquence."

## PART TWO

### SEARCH FOR LONGEVITY

"What is a man profitted if he shall gain the whole world and lose his own life" (Mat. 16:26).

Glorious Life -- Creations greatest treasure -- and how to live long and enjoy that treasure has received the deepest study of the greatest men in every generation, in every age, and in every land.

On this subject one noted author wrote: "A faculty of learned men could labor for years and not be able to enumerate the various forms in which the desire and search for long life have taken shape."

Hippocrates and Aristotle searched for the Secret of Longevity. They contended that man's life-span is too short. And Theophrastus, dying at the age of 75, lamented on his death-bed that Creation "has given to the deer and crow a life so long and so useless, and to man, a life that is too often so very short."

Men in all ages and in all lands have sought in various ways to increase the life-span. But none seemed wise enough to view the problem in the right light. Why do the deer and crow live so long? Why do some of the lowly turtles live 1500 years?

If an animal can live so long, why can't Man -- live just as long? Surely man should be able to discover the reason for a turtle's longevity. By applying those principles to the way of man, then man too should live, to say the least, as long as a useless turtle.

Man can live that long. He can live longer. Learn the law that rules the kingdom of living creatures. But the researchers in this field wander off in the wrong direction. They may be influenced by a desire not to disturb any of the sordid money-making schemes that live and thrive on human misery.

Way back in biblical times, as men searched for the Secret of Longevity, it was foolishly believed that contact of aged men with young women would prolong life. The Bible says:

"Now King David was old and stricken in years, and they covered him with clothes, but he got no heat. Wherefore his servants said unto him, Let there be sought for our lord the king a young virgin; let her stand before the king and let her cherish him, and let her lie in thy bosom, that my lord the king may get heat."

This stupid method, later called Gerokomy, was employed by Greeks and Romans, and has had followers in modern times. But the results have been negative.

Cohausen, a physician of the 18th Century, published a treatise relative to a Roman named Hermippus, who lived 115 years, quite a long life in those days.

Hermippus had been master of a school for young women, and his days, passed in their midst, were much prolonged. This shaped the opinion that it was due to their influence. There were probably some factors related to the problem that escaped proper attention and consideration. This will become more apparent as we proceed and learn more about the care of the body to prolong its duration.

Hufeland thought the exhalations of the women increased the life-span of Hermippus, and advocated the breathing of the air of young women. Foolish man, he had much to learn about the care of the body. The exhalations of all living organisms, even of young women, are constituted of poisonous substances eliminated by the body, and are not fit to be inhaled by man or beast.

Su-Chi, a Taoist magician, persuaded Chi-Hoang Ti, Emperor of China (221-209 B.C.), that eastward of China lay islands inhabited by genii whose pleasure it was to give their guests to drink a beverage that conferred immortality in the flesh. The Emperor was so much impressed by the story, that he equipped an expedition to discover the islands, but never found them. Of course there was no such place.

#### THE PERFECT ORGANIZATION

"Man was originally created a perfect being, and is now only a fallen and broken remnant of what he once was" (T. W. Doane).

For ages men have searched here and there, in this and in that, for the mythical Elixir of Life and the imaginary Fountain Of Youth. But continuous failure to find anything helpful and useful has never made the searchers realize they were hunting for that which does not exist outside of the body itself.

Medical Art is founded exclusively on the postulate that the body can be benefitted by the administration of various poisons called "medicine". But the great physicians of the ages who know better, have shouted:

"Gentlemen, medicine is a great humbug. Physicians have hurried to the grave thousands who would have recovered had they been left to 'Nature' (Emmett Densmore, "How Nature Cures").

The living organism is the most complete and perfect organization of Force and Matter that Creation has produced in billions of years. It needs nothing and can receive nothing but proper care on the part of the Entity that inhabits that Divine Temple of Creation.

The Bible expresses a profound truth when it says the Kingdom of God is within you (Luke 17:21); and that the human body is the Temple of God, and the Spirit of God dwells therein (1 Cor. 3:16).

That Temple of God is so complete in its organization and construction, that it is a perfect retransformative mechanism, and its tissues, organs and parts are constantly renewed with fresh material. Under such circumstances it should never age and should never die.

Prof. Raymond Pearl, of Johns Hopkins University, declared that in the

beginning the uni-cell of the organism was potentially immortal because it was sufficient unto itself and exhibited no evidence of a death-process. Its course was always in the direction of Life. It provided within itself all it needed for its existence, and multiplied by the process of division, each cell always dividing into two and so on ad infinitum.

The late Dr. Alexis Carrel agreed with Pearl, asserting that Death is not inherent in the body cells. He proved they are immortal by keeping alive for 27 years the fragment of a chicken's heart.

More surprising evidence of the immortality of the body cells has come in the experience of resurrecting the cells of mummified bodies of Indians buried in caves in South America for 500 years. And the same has been done in the case of 5300-year-old Egyptian mummies.

Dr. Linus Pauling, Nobel prize-winner in chemistry, declared that "Man is potentially immortal. His tissues replace themselves. He is a self-repairing machine; yet he becomes decrepit and dies, and the reason is a mystery."

"Death is not a primitive attribute of the living organism, but is of secondary origin. There are animals that never die" (Weissman). "It's more difficult to explain why man dies than it is to show that he should live forever" (Prof. A. E. Crews, Edinburgh University).

"There's no physiological reason known at present why man should die" (Dr. Wm. Hammond, late Surgeon General, U.S. Army). In 1911 Thomas A. Edison, great inventor of the 20th Century, said, "There's absolutely no reason why man should die."

Dr. John C. Dalton, eminent professor of physiology, said, "The living organism is a transformative mechanism. It is constantly renewed and its organs are always ready to perform their allotted work. Seven years is the longest estimate of science for complete renewal of the whole body. Hence, no matter how long man lives, his body is never more than seven years old."

Dr. Arthur G. Clarke, British Astronomer and Chairman of the British Interplanetary Society, in Science Digest for March, 1956, wrote:

"There appears to be no fundamental reason why man should grow old and die as early as he does. It's not a matter of the body's 'wearing out' in the sense that a machine wears out. For the body is constantly rebuilding itself of new material, and in the course of one short year almost the entire fabric of the whole organism is replaced with new material."

Dr. Foissac said: "There's nothing in the human body, in its functions nor in its organs, to indicate its duration. It's not contrary to reason nor to the laws governing the body, apart from incidental maladies that disturb its harmony, or violence that injures its mechanism, that it should live for centuries. The great longevity of the biblical patriarchs is a condition more in accord with the known laws of biology and physiology than is the brief existence of the men who now inhabit the earth."

Dr. Munro, noted British physician, declared: "The human body, as a machine, is perfect. It is automatic and self-repairing in action, and it contains within itself no evidence by which we can possibly predict its decay. It is

apparently made to go on forever."

"Death of the body is not natural. Death from so-called natural causes is the result of decay (from abuse)" (Dr. George W. Crile). "People poison themselves. Not time nor age but toxic products produce decrepitude and death" (Dr. Empringham).

"When created, man was endowed with the property of Perpetual Youth" (Sir Isaac Newton). "With a balanced endocrine system, such as a normal body has, man should live forever. The Elixir Of Life and Fountain Of Youth Are within the body" (Dr. Friedenburg).

"Decay of the body will eventually be prevented to such extent by man's better knowledge of how to live, that death will be the exception rather than the rule" (Dr. Lynn Gale, in Health Messenger, 1928).

"Given proper care in the proper environment and the body should maintain perpetual youth. There's no mystery about long life in the flesh — only ignorance" (Dr. Harry Gaze).

The National Geographic Society recently estimated that a man might live 1400 years if he could hibernate. Dr. Vojin Popovic, associate professor at Emory, said it appeared that during hibernation in the case of hibernating animals, the clock of aging ceases to tick.

Science finds and shows that all properties of the Fountain Of Youth are inherent in the human body. And man is endowed with Free Will to liberate him from the bonds of Cosmic Consciousness that rules the animal kingdom, so he may search for and select the path that leads to Immortality in the Flesh, — that exalted state in life which only he can envisage and achieve.

The body is perfectly equipped with practically unlimited powers of adaptation, and is self-sustaining, self-regulating, self-repairing, and self-renewing; and regardless of the years man lives, his body cannot and does not grow old — but it can and does degenerate and die.

Science finds and shows that the CAUSE of degeneration, decrepitude and death is not inherent in the living organism. That CAUSE rises from conditions over which the body has no control; and these baneful conditions must be discovered, determined, and removed. That can never be done by studying the organs and tissues of the body, or the symptoms of the degenerative process, and treating them, according to medical art, as though they were destructive agencies. We must pursue a more practical, logical, sensible course.

#### MAN'S PLACE IN CREATION

Everything known exists potentially and primigenially in the Cosmic Empyrean. When conditions become suitable for the mundane appearance of a living Entity, it automatically and spontaneously comes forth, clad in the proper terrestrial formation to fit its terrestrial environment.

"Under the Eternal Law of Creation", wrote Col. James Churchward, "there must first come a Condition, and with that Condition there comes a suitable Entity to live in it. ... The Condition is the Factor that triggers Creative Action."

The Primigenious Entity termed Man appeared in the terrestrial world when conditions were perfected for his appearance.

All living things have a definite purpose in life. They serve as mediums to perpetuate Creation's work. This is their Divine Duty regardless of consequences. Even if Death is the cost, so be it.

Accordingly, the propagative power of the living organism is the Lion Force of Life. It rules all living things but man with a rod of iron, figuratively speaking. With man as the sola exception, created entities have no choice. Like the helpless flower of the field, they propagate and they perish.

The Ancient Masters discovered by deep study, that Man is the only created organization endowed with superior qualifications which exalt him high above the regular order. His superior qualifications signified a superior purpose, and his perfect organization indicated a prolonged duration.

And the Masters opined that an equally exalted purpose was involved in this rare exception. It was designed by Divine Providence to enable Man to understand his nature and to direct him to choose his Destiny — (1) of either Death by the regular order of propagative sacrifice, or (2) Immortality in the flesh by the conservation of his Divine Essence, both conditions being potentialities that were subject to his choice.

Man was exalted above the regular order of Cosmic Consciousness by being endowed with Reasoning Power and Free Will. He was qualified to follow the regular order and propagate and perish, or enjoy the grand treasure of Immortality in the flesh by choosing not to sacrifice himself upon the altar of procreation for the mere sake of progeny.

In his book titled "Human Destiny", Dr. Leconte du Nuoy said: "Man was free either to follow his animal instincts, which give him fleeting pleasure, or to seek a higher goal. To reach this higher goal, man must struggle against the powerful animal instincts in himself. Such a choice exists for man alone."

This line of reasoning leads directly to the substance of the great secret of the Ageless Wisdom, thinly veiled in the famous Edenic Allegory contained in the Bible. The facts show this was one of the main pillars of the Ancient Mysteries. The purpose of Initiation, concealed under great secrecy, being to teach the Man of Darkness this amazing lesson - a secret unknown unto this day to vaunted science.

#### THE CREATIVE POWER

The most awe-inspiring property in the Universe is the Creative Power of living organisms. They come endowed with the capacity and quality to perpetuate themselves indefinitely. The Mystery of Life holds no greater secret than that of Procreation. That property inheres naturally in all living things, in all kingdoms of existence.

This provision of Creation logically attracted the keenest minds of the greatest men in all ages. They considered it a grave error to accept for granted that event which is overtly manifested in the regular order of this

Divine Creative Function. They opined that the Key to the Secret of Life itself and the duration of the Living Organism were concealed in this Creative Function. For that was the Function which perpetuated the products of Primigenious Creation. Back of that Function there must lay mystery upon mystery.

The Cosmic Principle of Creation inheres in the Creative Centers of the living organism. Accordingly, the Ancient Masters, in their scientific and exalted state of mind, regarded as most sacred that vital part of man which possesses and expresses the Divine Power of Creation.

As science still has no valuable data to offer in this field, the best we can do in our search for the discoveries and knowledge of the Masters on this point, is to study such parts of the Arcane Science as have been preserved in the Bible, in cautiously veiled form, and then in a consistent and direct manner, trace the secret to its fundamental foundation.

We first encounter the Arcane Science in this esoteric passage in the Bible: "Of every Tree of the Garden, thou mayest freely eat. But of the Tree of the Knowledge of Good and Evil, thou shalt not eat of it; for in the day that thou eatest thereof (dying) thou shalt surely die" (Gen. 3:16, 17).

A most serious error it is to pass lightly over this esoteric passage. We are studying ancient allegory. It conceals vital facts of Creation. The subject is Man. The Garden symbolizes his body, in the Bible called the Temple of God. That means the body is the mundane habitation of the Divine Spirit.

The allegory briefly deals with that Divine Temple, its function and its care. The Trees symbolize parts and processes of that Temple. Man is told that he may freely use and enjoy all parts and processes of that Temple — with one stated exception. What's the reason for that exception? It has a meaning and a very deep one.

Not only is man told these things, but he is definitely warned as to the sad consequences that will rise if he uses or disturbs that one excepted vital function. Some of the secret relative to the mystery is disclosed in the phrase "Knowledge of Good and Evil."

We find here, thinly veiled, the very core of the Arcane Science of the wise Ancient Masters.



We now encounter a clever fable which the Masters invented and introduced to present the esoteric meaning of the allegory. For this purpose the Talking Serpent was devised. He approaches woman, for she, under the law, is the one who is primarily and directly affected by the basic law of Creation. And so, in the fable the talking Serpent said unto the woman:

"Yea, hath God said, Ye shall not eat of every tree of the Garden. And the woman said unto the Serpent, We may eat of the fruit of the trees of the Garden; but of the fruit of the tree which is in the midst of the Garden, God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die. And the Serpent said unto the woman, Ye shall not surely die. For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing Good and Evil" (Gen. 3:1-5).

What is the esoteric meaning of this fable? Watch a group of little boys and girls at play. Their minds are pure and free of carnality; their sexual consciousness is dormant (eyes not yet opened), and they are not aware of the existence of the qualities of Good and Evil in connection with any parts and processes of their bodies.

We now encounter another aspect relative to man: As Divinity in Man is evoked by increased Knowledge, he is liberated from the bond of Cosmic Consciousness and Cosmic Automaticity that rules all lower animals, gaining that exalted Angelic Status described in the Bible as that condition in which people "neither marry nor are given in marriage"--an enigmatical theorem to both clerics and laics (Mat. 22:30).

This biblical passage that receives almost no attention and the esoteric meaning of which is not understood by the Man of Darkness nor the rank and file of the clergy, relates to the serious Evil effects incurred by those in the marriage state, which state was condemned by the Apostle Paul and to which we shall devote more attention in the proper place (1 Cor. 7:9).

The Knowledge of Good and Evil which opened their eyes, was designed to cause man to think and to rise above the regular status of Cosmic Consciousness which governs propagation of progeny regardless of sacrifice, like plant and beast, whose sole purpose in life, we said, is to serve the cosmic law of Creation by procreation to perpetuate their kind.

This increased Knowledge, designed to exalt man above the common level of Cosmic Consciousness, has been entirely disregarded by him. Instead of using that Knowledge for Good to preserve his body and prolong his days, he has used it for Evil to degenerate his body, shorten his life, and sink him into the mire of Sexual

Debauchery, appalling in extent when but a few of the horrible facts are known.

The power of procreation is the power that sustains. If the procreative function of the body is inhibited, that diverts additional strength to body sustentation, additional vitality for the body's use, and a corresponding increase in its duration.

#### THE DIVINE CURSE

Now another fable to teach some vital facts:

"And the eyes of them both were opened, and they knew they were naked; and they sewed fig leaves together, and made themselves aprons.

"And they heard the voice of God walking in the garden in the cool of the day; and Adam and his wife hid themselves from the presence of God amongst the trees of the garden.

"And God called unto Adam, and said unto him, Where art thou? And Adam said, I heard thy voice in the garden, and I was afraid, because I was naked, and I hid myself. And God said, Who told thee that thou wast naked? Hast thou eaten of the tree, whereof I commanded thee that thou shouldst not eat" (Gen. 3:7 - 11).

Then came the Divine Curse:

"Unto the woman God said, I will greatly multiply thy sorrow and thy conception; in sorrow thou shalt bring forth children; and thy desire shall be to thy husband, and he shall rule over thee.

"And unto Adam he said, because thou hast harkened unto the voice of thy wife, and hast eaten of the tree, of which I commanded thee, saying, Thou shalt not eat of it; cursed is the ground for thy sake; and in sorrow shalt thou eat of it all the days of thy life. Thorns also and thistles shall it bring forth to thee, and thou shalt eat the herb of the field. In the sweat of thy face shalt thou eat bread" (Gen. 3:16 - 19).

"Your eyes shall be opened, and ye shall be as gods, knowing Good and Evil," signifies the awakening of Sexual Consciousness, which is dormant in the case of little children and which was dormant in our archaic ancestors until they committed an act which aroused the dormant state.

This antecedent condition was the Angelic Status where "they neither marry nor are given in marriage" to which the gospel Jesus referred when he said: "Except ye be converted, and become as little children (mentally), ye shall not enter into the kingdom of heaven. ... Suffer little children, and forbid them not to come unto me; for of such is the kingdom of heaven" (Mat. 18:3; 19:14).

The kingdom of heaven in this case is the innocent mental state which is not contaminated with that Carnality which the Apostle Paul so bitterly condemned when he shouted:

"I am carnal, sold under sin. ... O wretched man that I am. Who shall

deliver me from the body (condition) of this death" (Rom. 7:14, 24).

Man flaunted the Divine Warning; and on his head fell the curse; "I (Creator) will greatly multiply thy sorrow and thy conception; in sorrow thou shall bring forth children."

The evidence plainly indicates that here a new epoch dawned in human life. Greatly multiplied sorrow and conception, to be thus presented and the evil aspect stressed with special emphasis, certainly are not common and regular conditions. For conditions that have always existed and always been known, are never given such special notice. It is unnecessary. These were new conditions of evil, resulting from man's conduct, and knowledge of the fact should have caused him to refrain from inducing them to occur.

But ages of sad experience prove that no damage to his body because of his evil conduct is ever serious enough to make man improve his ways and stop abusing his body. He continues to drink and smoke with facts piled sky high to show these evil habits shorten his life by destroying his body. Then he wonders why Creation "has given to the deer and crow a life so long and so useless, and to man, a life that is too often so very short."

#### MARRIAGE

A work called the Tarot was devised by the Ancient Masters to present in symbolism their allegories relative to Creation, Life and Man; and the scholar should read our work titled "LAND OF LIGHT" - Ancient Tarot Symbolism (Published by Health Research).

Tarot Card XV portrays Adam and Eve facing the debasing shame of their folly of eating the Forbidden Fruit and suffering the sad consequences. They are chained together in the "holy bonds of wedlock", the low level condemned by both the gospel Jesus and the Apostle Paul.

The gospel scribe made his Jesus say that in the Regeneration, "they neither marry nor are given in marriage" (Mat. 22:30).

Paul said: "It's good for a man not to touch a woman. ... But if they cannot contain (and control their carnal urge), let them marry; for it's better to marry than to burn (with lust) (1 Cor. 7:1, 9).

These derogatory statements of great men concerning marriage have a profound meaning: In Tarot Card XV Adam and Eve are chained together in marriage, the chain being fastened to an iron staple in a pedestal on which sits the towering form of the Talking Serpent, now in the shape of a monster called the Devil. Here are the sexual slaves, ruled by the Lion Force of Sexual Generation.

In the Bible the Talking Serpent appears as the Beast that gave 7 angels 7 vials full of the WRATH OF GOD. Some of the degrading results are related in allegory in Chapters 15 and 16, of Revelation. That whole book is devoted to an important phase of this subject, as we have explained in "Awaken The World Within."

Paul regarded marriage as the lesser of two evils. The lesser evil is so

debasing that it binds man and woman together in iron chains; and to the multitude of the world Paul shouted:

"I'm carnal, sold under sin (be fruitful and multiply) ... bringing me into captivity to the law of sin (fornication) which is in my (generative) members. ... (Yet under the law of Procreation) ye (must) present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service (to be fruitful and multiply). And the commandment which was ordained to life (Procreation, be fruitful), I found to be unto death (for in the day that thou eatest thereof - dying - thou shalt surely die). O wretched man that I am. Who shall deliver me from the body of this death" (Gen. 1:28; Rom. 7:10, 14, 23, 24).

"It's a strange delusion that marriage can make allowable and moral that which, out of marriage, is forbidden and immoral" (Ellis). "Within the marriage state ... sexual desire is strongly stimulated, as the opportunity for its gratification is unhindered and favored" (Ingraham).

"In the further ascent of man, marriage becomes ... a corrupt relic of degenerate conditions of the race" (Harris). "Even tho legalized by the state, sanctioned by the church, and acclaimed by popular standards, the licensed licentiousness of carnal marriage remains antagonistic to Creation's purpose and also to man's higher evolution" (Vliet).

"Marriage, as it is today, is a corrupt institution" (Mantegazza). "Science places on marriage a false basis" (Eddy). "Carnal marriage in Christianity is a condition allowable for those who lack strength to aspire to a higher state. Such marriage is a concession to human weakness. It is accepted as a condition that is apparently unavoidable" (Weininger).

"Sexual relation is ... a condition to be avoided as soon as a person becomes wise" (Blavatsky). "It's obvious to all who know anything of Blavatsky's teachings, that their whole tendency is toward the conquest of sexual impulses" (Besant).

"Blavatsky listed sexual abstinence amongst conditions under which alone the study of divine wisdom can be pursued with profit." and mentioned it as "the most effective means of preparing for the reception of the higher wisdom" (Besant).

In sordid carnalism man sinks lower than beasts. For he lives in an unnatural state that exists not among animals. They are sexual only and are ruled by the regular law of procreation, but man has grown sensual by debasing the procreative urge into a desire for unreproductive pleasure, a condition of sensuality that is man-made and he is responsible for the impelling power of the sexual impulse.

Sex has long been a malicious state and perverted concept. There is terrific exploitation of sex in almost all walks of life. Sign boards, shops of lasciviousness, and literature loaded with autosuggestive usage that is designed to attract the eyes of licentious males.

Such practice is demoralizing. Likewise are all the fields of the entertainment world filled with these autosuggestive sex malpractices. And so, while we long and labor for the Higher Life, we foster methods and support schemes that are flagrant violations of such nature that they abstract any help which

might be poured into our life.

As stated, no living thing but man ever violates the inexorable law of procreation. Animals are ruled by Cosmic Consciousness and act nobly. Free Will released man from that automatic state for his improvement and progress, but he went the other way. He alone can control the procreative pressure for his exaltation, but has failed from the first to avail himself of that golden opportunity and to rise to the Angelic Plane, where they neither marry nor are given in marriage.

#### THE NEW AGE

We traced the course of Man in the Bible out of one age into another, and saw the reasons and conditions related for the ending of the antecedent epoch and the dawning of a new one. According to the Bible, the change occurred under a Divine Curse, and the cause of the Curse was the transgression of Cosmic Law.

It is clearly evident that some great change occurred in the process of procreation in the case of man. It is unreasonable to believe that the regular and original process of procreation could directly cause "greatly multiplied sorrow and conception." It is certain these distressing conditions were new and unknown. They were caused by some change. For had they previously been regular and common, they had not been presented as they were.

The ancient evidence shows they were not regular and original. For "Man is (now) born in the present way only as the result of physical degeneration" (Blavatsky). And that data were symbolized in the ancient Zodiac and the facts were known to the Ancient Masters long before the fable in the Bible was ever invented.

The zodiacal signs were first only ten, but now they are twelve. For ages before Adam had a Help Meet (Gen. 2:20 - 25), "ten only were known to the profane; but the Initiates knew all twelve of them from the time of the separation of mankind into (dual) Sexes. Until then, Virgo-Scorpio ... were a single sign, which included Libra" (Blavatsky).

Those were the glorious days of the Golden Age, and some assert that it lasted for thousands of years. In those days, Libra was part of Scorpio, at another, of Virgo -- and the latter still retains the Scales of Balance, and is the only one of the twelve signs that refers to the physical realm.

This has a meaning, and that meaning appears in ancient Egyptian Mythology, in the Book of Thoth, also called the Tarot. It means this symbol represented the Terrestrial Body, in the Bible termed the Temple of the Spirit of God (1 Cor. 3:16).

The evidence proves the Ancient Masters knew secrets of Creation not yet known to our vaunted science. That originally mankind was a Bisexual, Creative Unit, and that data they symbolized in their Zodiac.

Separation of the Sexes was indicated by the Masters in the division of certain zodiacal signs into (1) Virgo, of which perception and chastity are the leading principles, (2) Scorpio, symbol of the procreative function, and

(3) Libra, the name of which signifies that it held the Balance between the other two, between Good and Evil.

According to Ancient Mythology which veils these mysteries of man, when Man transgressed the Great Commandment by eating the Forbidden Fruit, he upset the balance between Good and Evil, decreed by Creation and recorded in the starry sky. Only man can restore it and not a Savior.

As the antagonizing state of animalistic generation is conquered by him, mentioned in the Bible as riding a White Horse and going forth conquering and to conquer Carnality (Rev. 6:1), then out of the ashes of conquered Sexualism there will rise again, Phenix-like, the soaring Eagle of Spiritualism.

Another astrological indication of this evolutionary requirement of Sexual Purification appears in the zodiacal relationship between Taurus and Scorpio.

The recurrence of original Spiritual Generation requires the transference of the Generative Force of Scorpio to Taurus. In plainer terms, the animalistic generative pressure of the Sexual Centers at the base of the spine of the body, must be transmuted and raised up to the throat, where it becomes the expressible power in the Spiritual Force as a manifestation of Cosmic Creation.

This is the secret to which the Apostle Paul referred when he said, "And if Christ (Creative Essence) be not raised (from the spinal base), your faith is vain; ye are yet in your sins" (of sexual generation) (1 Cor. 15:14-17).

We are discussing the same secrets of Man and Creation that are recorded in fabulous form in the Bible, the identical subject Paul discussed in his First Epistle to the Corinthians, and in the Bible the terminology is purposely altered by the spurious interpolation of the word Christ for the ancient Hindu word Kundalini. He who never heard of Kundalini should read our great work titled Awaken The World Within and learn some of the great mysteries of Man and Creation taught in the Bible in mythological terms.

This transmutation of the Generative Force of the body is also confirmed by the planetary rulers, Mars of Scorpio and Venus of Taurus. The symbolism of these two planets is strikingly significant in this respect. Both consist of Circle and Cross. In esoteric astrology the Cross symbolizes man's body, while the Circle denotes eternity or endless time.

The symbol for Mars has the Cross above the Circle to indicate the Terrestrial surmounting the Celestial. But in the symbol for Venus appears the significance of the Celestial dominant over the Terrestrial, for it has the Circle above the Cross.

As stated, Venus corresponds to the Celestial, whereas Mars represents the Terrestrial. Mars constitutes the seat of Carnality wherein the Celestial is subordinated to the gratification of Carnalism, the "sin unto death" which the Apostle Paul discussed in the 7th Chapter of Romans, verses 8-24.

"Consistent with progressional law, these grosser, impermanent elements of Mars ... are convertible into the more refined properties of Venus" (Hazzard). By purification of the sex life, "Mars will be transmuted into Venus" (Valentine). "Venus cannot act directly on the terrestrial plane until the reign of Mars ends and the (carnal) passions have changed to the high emotions

of the spiritual nature" (Leo).

Ancient Mythology indicates that the man and woman we know represent the degenerate Entities of their former equally balanced bisexual ancestors; and the infinite, rudimentary, aborted yet co-existent organs are the remnants of primeval perfection, and are subject to resuscitation.

This achieved, a new embodiment and a new being will succeed present degenerate humanity, resulting from rehabilitation of these now dormant organs in the body which science stupidly regards as useless, but which are actually important organs in a lapsed state, resulting from nonuse and lost functional ability, the same as certain aeriferous organs of the body, forced into dormancy by man's eating physical food, as we shall later explain in this work.

"The rudiments of each sex appear in both bodies. That these rudiments don't fully develop is due to repressive action of some glands within the body that control production of glandular hormones" (Stopes). This fault is due to degeneration resulting from nonuse because "balance" has been lost; and that loss primarily resulted from "eating the Forbidden Fruit."

The body tissues are very pliable, and Creation proceeds automatically in both directions. It may require ages for the body to adjust to meet conditions forced upon it thru endless succeeding generations. Then the time comes when the adjusted condition is considered natural because it has been present so long that no other condition is known.

In one series of changes from bisexuality, the female elements of the body were paramount, leaving inactive rudiments of the male. In the other, the opposite procedure occurred. Evidence of this visionary process appears in the vestigial organs in the bodies of both sexes.

These secrets of body development are expounded in our great course of 85 lessons, titled Secret of Regeneration, written more than 30 years ago, long out of print, and recently republished due to great and urgent demand (by Health Research, P.O. Box 70, Mokelumne Hill, California 95245).

Return to primeval perfection will require less time, as that process is in harmony with Creation's original work and not in discord with it. And in the records of the distant future, present degenerate man will be vaguely remembered as a quasi-human being that long ago became extinct.

#### PROCREATION AND EXPIRATION

In the 5th Chapter of Genesis we read: "This is the book of the generations of Adam. In the day that God created man, in the likeness of God made He him; male and female created He them; and blessed them, and called their name Adam in the day they were created.

"And Adam lived 130 years, and begat a son in his own likeness, after his (bisexual) image; and called his name Seth. And the days of Adam after he had begotten Seth were 800 years; and he begat sons and daughters. And all the days that Adam lived were 930 years, and he died" (Gen. 5:1-5).

The Creator is androgynous, and "created man in His own image." The Created must inherit the qualities and properties of the Creator.

The Talmud says Adam was created androgynous; and Philo said that the Creator "made Adam in two sexual component parts, one male, the other female, and the longing and struggling for reunion which love inspired in the separated parts of the original bisexual being, is the source of sexual pleasure, which is the beginning of all transgressions."

Plato said human beings were at first androgynous. Dr. O. A. Wall wrote: "The idea that originally gods and men were androgynous, and were separated into uni-sexual beings, accounts for the word "Sex", derived from Secus, and this in turn from the word Seco, to amputate, to cut apart."

"Sexual pleasure ... is the beginning of all transgressions;" and with the exercise of the sexual function the Bible clearly and categorically connects Death. For that is the eating of the Forbidden Fruit.

Howell, in his Textbook of Physiology, declared that "Death is ... accidental rather than natural." Metchnikoff said, "Man has created Death himself by transgression" (Nature Of Man).

"The (Talking) Serpent (of Genesis) brought Death into the world" (The Zohar). "The Serpent is the Monster to be conquered" (Levi). And "when conquered, the Serpent becomes the means of life" (Trumbull).

"Adam was created mortal, a state in which Death or Immortality in the flesh were possible, dependent upon his choosing, and he chose the wrong road" (Russell).

Man had been warned of the Death Act, "For in the day that thou eatest thereof, thou shalt surely die" (by inches) (Gen. 2:17).

The warning is repeated in various ways all thru the Bible. "Flee fornication ... He that committeth fornication sinneth against his own body." And that is the "sin unto death" (1 Cor. 6:18; 1 John 3:16).

The wages of (that) "sin is death" (Rom. 6:23). "What fruit had ye then in those things (fornication) whereof ye are now ashamed. For the end thereof is death" (Rom. 6:21).

"But whosoever is born of God (Spiritual Generation) doth not commit sin; for his seed remaineth in him, and he cannot sin" (1 John 3:9).

"It is generally imagined that sex is a primal fact rooted in the very constitution of life, if not of the universe. ... But there is nothing of that fundamental character about the device of sexual reproduction" (Briffault, The Mothers).

Referring to the Virgin Birth (Spiritual Generation) Dr. Alexis Carrel wrote: "From an unfertilized egg, and without the intervention of the male element, a normal frog was born. The spermatozoon (of the male) can be replaced by a chemical or physical agent. Only the female element is essential" (Man The Unknown, page 91).

In the days of androgynous man, that "chemical or physical agent" was sup-

plied by the bisexual organism. There was then no fornication.

"Man knew death only after separation of the sexes" (Blavatsky). The Masters symbolized this event in their Zodiac, as we have stated.

"Sex is the beginning of degeneration and death" (Merejkowski). "The death state is sustained by sexual activity" (Solovyof).

"To expend the Life Essence in sexual activity is to strike roots in the grave" (Levi). "The association of death with procreation is patent enough" (Geddes). "It's not death that makes procreation essential, but procreation has death as its inevitable consequences" (Goethe).

"The passions degenerate the body, and all amorous passion is a whirlpool that draws man down into the pit of death" (Levi). In the mythologies of various races, "the Serpent is considered the origin of death" (Lang).

"The Mortal rises to Immortality when all desires of the flesh are conquered" (Katha Upanishad). "The Mortal will don Immortality when trained in rigid chastity" (Clement of Alexandria).

"From concupiscence of the flesh, death has drawn its origin" (Helmont). With the spread of concupiscence "death has appeared in the course of evolution" (Prof. Raymond Pearl).

"Why ... should man die? The process of aging is pathological, abnormal, and procreation appears as the leading cause" (V. T. Kuprevich, Soviet Scientist).

"To subdue the allurement of sexualism is to graduate in the conquest of death" (Levi). This agrees with the Bible, that "he who overcometh (carnality) shall not be hurt of death" (Rev. 2:11).

In combatting the "sin unto death" the Masters even resorted to castration. According to Prof. Paolo Mantegazza, "Christ preached castration, was castrated himself, and his disciples imitated him." In some cases, "the Gonads were incinerated with a red-hot iron". This drastic ceremony was termed Baptism by Fire, and also "Mounting The White Horse."

This is referred to in the Bible: "I saw, and behold, a White Horse; and he that sat on him ... went forth conquering, and to conquer" (his animalistic nature of sexualism) (Rev. 6:2).

Jesus mentioned castration in these terms: "There are some eunuchs which are so born from their mother's womb; and there are some eunuchs which were made eunuchs of men; and there be eunuchs which have made themselves eunuchs for the kingdom of heaven's sake" (Mat. 19:12).

The biblical sharks and dragons that devour the body symbolize sexualism. And the Great Red Dragon of Revelation signifies sexual lust that begins to devour the body as soon as it is born (Rev. 12).

The press of Jan. 23, 1964, mentioned the case of a Negro girl in Chicago that gave birth to a baby at the age of 10. Health Commissioner Samuel Andelman said several Chicago girls had become mothers at the age of 11.

The press of Feb. 14, 1962, mentioned the case of a 9-year-old girl giving birth to her second child. Her first was born when she was 7. This happened in Sweden, and Dr. Johan Schoffer, University of Sweden, said that "cases of 12-year-old mothers are fairly common in Sweden."

The youngest girl known in recent times to have given birth to a baby who survived was a 5-year-old in Peru in 1939. The baby was born by Caesarean section.

"In many types of organisms the procreative act is followed by death of the male" (Thompson), often soon thereafter, and occasionally at the consummation of the act.

"Frequently, in lower forms of living organisms, the parent literally resolves its whole substance into reproductive material, the maturing of this material causing the death of the parent" (Morley).

"The life-span is, to a large extent, dependent upon the procreative process. It is the rule with regard to various lower forms of animals that the moment of procreation is also the moment of death" (Scott).

"He that conquers sex will conquer death" (Galloway). And that he is the man in the Bible who rode the White Horse."

When the Lion Force (carnality) of the body is subdued, man will rise again to the Divine Plane where "God shall wipe away all tears from their eyes, and there shall be (no more curse and) no more death. ... For the former things (sexual procreation) are passed away" (Rev. 21:4; 22:3).

This return of man to Primeval Perfection is symbolized in the Bible as a New Heaven (Brain) and a New Earth (Body); for the former heaven and the former earth (sexual slaves) were passed away (Rev. 21:1). And that is the New Jerusalem (Man freed from sexualism) born of God (Spiritual Generation), not of sinful fornication, for his seed remaineth in him, and he can not sin (1 John 3:9).

The Ageless Wisdom indicates that a time was, and will return, when man shall again be master of his fate, even as to birth and death. Then the body can be donned as desired, to be used as a mechanism for terrestrial manifestation during the centuries man lives on earth, and shed at will as a serpent sheds its old skin.

Ancient tradition indicates that originally man was created a perfect being. Men were considered mere boys when a hundred years old. They had none of the infirmities of age, and when ready to pass on to the future life, it was in a gentle slumber.

Spalding said, "In the early days man was never sick. Illness and physicians were unknown, and somatic death was a voluntary act. When ready to go, man sank into a deep trance, left his body at will, and returned to his empyreal home in the Celestial World."

"Certain animals can die at will. The Iguana, a large lizard, can die when it desires. Tradition tells us that man once had that power over his body" (Hotema, in *Live Longer*).

Edenic Purity and Eternal Life in the flesh in the case of man constitutes one of the great traditions. That was the Golden Age when man lived so long in the flesh, free of all desires and infirmities, as we have shown in Cosmic Radiation, that Immortality in the flesh was considered feasible and possible, the biblical Death Penalty being a decretal warning of the fatal consequences of transgression. Man had Free Will to choose, knowing the results in advance. Had somatic death been original and natural, no warning of the fatal results had been ordained.

"The Calmucks had a very ancient tradition that in the early days man lived up to 80,000 years" (Spalding). Certain Tibetan scrolls tell a similar tale.

All action has its corresponding reaction, and the Bible warned man of the deadly reaction of sexualism. Sexual acts, except for procreation, are transgressions of the law, and the reaction comes in serious forms of misery. For "we cannot transgress laws of Creation without suffering the evil results" (Howell).

Sexuality is the root of serious retribution. "The cause of Karma fell on man's head as a result of consuming his Life Essence in pleasure. To this must be attributed the evil propensities — the curse of ages of carnality — with which the race is afflicted" (Galloway). By just retribution our flesh torments us by insubordination; and this will continue until the cause is removed.

Ages of evidence and experience show that Sexuality causes sacrifice and degeneration that hasten decay and death of the body. The deepest thinkers of the ages support the assertion that Sexual Purity is the Golden Precept of Life; and "all great prophets have voiced a definite approach to unanimity on the subject." (Gore).

#### DEGENERATION

Ancient Tradition consists of fables invented by the Ancient Magi to present facts of Creation. One of the oldest of these is substantially as follows:

"Man was created perfect and placed in a garden of fruits and streams. He was free of all bodily appetites and had no desire to taste the fruit or to quaff the water. Moreover, he had been commanded by Divine Providence not to eat or drink, as that would inject foreign substance into his body, causing it to deteriorate, decay, and die. Men were mere boys when a hundred years old, and had none of the infirmities of age to trouble them. When ready to pass on to the region of the superior life, it was in a gentle slumber.

1. Man was created perfect. Being the climax of Creative Action, he was the most perfect organization Creation had produced in billions of years. Imperfection rises from conditions that impede Creative Processes.

2. Man was placed in a garden. He originally appeared in an environment suitable and fittable for his habitation. As the climax of Creative Action, the environment in which man appeared was equal in condition to the perfect state of the entity that came forth to dwell in it, and so a perfect condition of correspondence prevailed.

3. He was free of all bodily appetites and desires. That is the state of

Perfection, which lacks nothing and needs nothing. Man could not have come into actual existence had anything been missing that was essential to his being. Desire for anything, therefore, was not natural and could lead only to physical impairment, to degeneration.

4. Men were still boys when a hundred years old. That is indicated in Chapter 5 of the first book of the Bible, when men did not beget offspring until they were a hundred years old. Then after the Flood a change occurred as indicated in Chapter 11 of Genesis, when men became fathers before they were 30. That's another interesting story which we've considered in another work.

5. Men had none of the infirmities of age to trouble them. Deterioration, degeneration, decay and death are not natural, being the sad result of man's developed desires and appetites, which grow worse with the years.

For instance, when man began the evil practice of eating and drinking, he introduced into his body foreign matter that had no place there. This forced the body into a defensive state, causing it to struggle against the foreign substance and to develop internal adjustments to meet the destructive condition. One of these adjustments resulted in the expansion of the alimentary tract at a certain point to form what is now called the stomach, as a receptacle in which to store the foreign matter until it could be disposed of. This was the beginning of one phase of man's evil work that caused the body's degeneration and decreased its duration.

Dr. Robert Walter, a leading thinker of his day and time, noticed this particular matter in his book, "Life's Great Law" copyright 1903. He discussed the damage food does to the body, and was so shocked by what his findings caused him to say, that he recoiled in surprise and shouted:

"Let no one conceive that we are arguing against food as a necessity of living existence, and no honest man will try to make it so appear."

That is definitely what he was doing, being logically led in that direction by his own findings and conclusions. Then he hedged when he saw what his investigation was disclosing, and worked his way out of the condition in which he had cornered himself. At one point he had said:

"Every meal man eats has enough poison in its elements, if they were properly combined, to destroy an army" (p. 138).

That was one of the shocking factors his investigation uncovered that caused him to reverse himself and declare that he was not "arguing against food as a necessity of living existence".

Consider the adjustments the body must have made thru the ages to reach that state where it must depend for even a short duration on a poison that destroys it by slow degrees. The effects of that destructive process are called "diseases" and "aging".

Another startling discovery Walter made was that instead of food giving the body energy as science claims, it is the cause of the body's expenditure of energy. He said:

"Food, by its very presence within the vital domain to be cared for, ...

necessarily activates Vital Force to control, if not to do, the work (of disposing of it), and, consequently, instead of food communicating power to the organism, it extracts ... the power in the act of doing the work (of disposing of the food)."

Why is it necessary now for man to eat? Walter answered that question in these words:

"The use of food is (not to nourish the organism but is) the means of inciting the organism to continued activity and consequent expenditure of its vital force" (p. 81).

Then the only benefit the body derives from food, is the incitement it occasions to stimulate the organism to "continued activity". And now to provide that stimulation, man must eat food, one meal of which "has enough poisons in its elements, if they were properly combined, to destroy an army."

Under such circumstances, how can we believe that eating physical food is natural? And furthermore, Walter's unprejudiced findings led him to the same conclusion appearing in a book which he had never read, written in 1669 A.D., in which it is said: --

"Food is the (present) medium through which (a certain) force acts in the human body. During metabolism, that atomic energy (in food) is liberated, and stimulates (not nourishes the body) into action those cells (of the body) whose activity is required to carry forward cell evolution (this being a condition developed by the body as it adjusted its mechanism to handle the foreign substance introduced into it in the form of food)."

"Food, therefore, gives the body (no nourishment but) only stimulation to atomic action (as Walter said). During this process, the injected food loses none of its properties, but is merely changed into other states (called rotting, stinking feces that is eliminated thru the anus).

"At his present stage of evolution (degeneration) man (the body) depends upon food solely because he has not become conscious of the Law governing the (radiant) Force that gives atomic action to all parts of his organism. ...

"When man, in time, becomes (again) conscious of this Law (as he was in the Golden Age), he will (again) be able to assimilate this Force (as he originally did), and will no longer be dependent upon matter (food) for the support of his organism" (p. 64).

On another page the same book says: "The fact that man, at a certain point of evolution, will exist without taking (physical) nourishment, is foretold in an ancient prophecy of the Magi, that man shall (again) be blessed, no longer needing food" (as in the Golden Age when he had a life-span of a thousand years (Prophecy Of The Most Ancient Sages).

We know so little today about man, that the late Dr. Alexis Carrel, regarded by many as the greatest Anthropologist and Biologist of the last millennium, wrote a remarkable book, copyright 1935, which he titled "Man The Unknown" in an attempt to tell the world by the title that we know almost nothing about man. He said:

"Man is made up of a procession of phantoms, in the midst of which (there) strides an unknowable reality. ... Our knowledge of the human body is ... most rudimentary. It's impossible for the present to grasp its constitution. ... In fact, our ignorance (of man) is profound."

Not one definite statement of useful knowledge relative to man contained in that quotation. The Nature of Life is a mystery and the constitution of the body is unknown.

And so, the actual facts of the world's knowledge of man really reveal a state far different from the fancies of the medics and the popular opinion of the brain-washed masses. And these fallacious fancies fill the books that deal with the body's disorders, its sustentation, and its energizing power.

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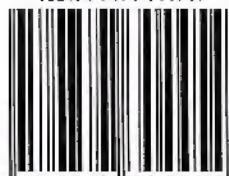
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